

2009 Youth Risk Behavior Survey

Winston-Salem
Forsyth County
High Schools



ROTHENBACH

RESEARCH and CONSULTING, LLC

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Methodology

This survey was administered by the Forsyth County Department of Public Health. All together, 1,587 Winston-Salem/Forsyth County (WSFCS) students in grades 9 through 12 participated in the survey. The data were collected in the spring of 2009. Rothenbach Research and Consulting, LLC, prepared this report.

Introduction

Among youth and young adults in the United States, nearly three quarters of all deaths are caused by motor vehicle accidents, unintentional injuries, homicide, or suicide. This age group also experiences health problems and social problems resulting from teenage pregnancies and sexually transmitted diseases. Among adults, nearly two thirds of deaths are linked to either cardiovascular diseases or cancer.

These leading causes of morbidity and mortality are related to five categories of youth behavior: (1) alcohol, tobacco, and other drug (ATOD) use; (2) behaviors that lead to unintentional injuries; (3) sexual behaviors that contribute to unintended pregnancy and sexually transmitted diseases; (4) poor nutrition; and (5) low levels of physical activity. The Youth Risk Behavior Survey (YRBS) was developed by the United States Centers for Disease Control and Prevention (CDC) to monitor these behaviors among middle school and high school students. The data collected across these five behavioral areas can help schools, government agencies, and community organizations develop health programs and drug abuse and violence prevention plans. Follow-up waves of YRBS data can be used to monitor progress toward meeting program benchmarks.

Administration Procedures

Classes were randomly selected to participate in the survey. The survey was administered in each classroom by trained facilitators. Facilitators were primarily staff members of the Forsyth County Department of Public Health. Each facilitator received an appropriate number of questionnaires and answer sheets. The questionnaire was short enough—97 items—to allow the survey to be easily completed in one class period.

Students were asked to complete the survey but were also told that participation is voluntary. Furthermore, students were told that they could skip any question that they were not comfortable answering. Both the facilitator and the written instructions on the front of the questionnaire assured students that the survey was anonymous and confidential. Student names were not recorded as part of the survey process. Appropriate procedures were implemented for obtaining permission from parents for student participation.

Data Quality

CDC's guidelines for ensuring the quality of YRBS data were implemented during the processing of this report:

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- Each survey record was examined for logically inconsistent responses. For example, if a student reported in one question that she never tried smoking, but in a later question reported smoking within the past 30 days, the responses to both questions would be recoded as missing values.
 - Survey records were marked as invalid if the student answered 25 questions or less.

Sample Analysis

A number of variables—such as the readability of the survey questionnaire, the effectiveness of the administration process, and the amount of time students have to complete the survey—can affect the quality of survey data. In addition to factors like these, which influence the ability of students to provide good information, the way students are selected to participate in the survey can affect the results.

In order for the survey report to truly reflect the attitudes and behaviors of the surveyed population, the sample of students drawn to participate in the study should accurately represent the surveyed population. Three of the most important factors in this selection process are: (1) the grades chosen to participate in the survey effort, (2) the grade distribution of the sample relative to the grade distribution of school enrollment, and (3) the size of the sample within each grade.

Surveyed Grades

The results of the WSFCS YRBS are presented for individual grade levels and the overall sample. The overall results must be interpreted in light of the sampling composition, especially which grades were included in the sample. This is important because the behaviors and attitudes measured by the YRBS are strongly associated with a respondent's age.

In WSFCS, students in grades 9 through 12 participated in the survey. Since this includes the full range of grade levels in the school(s) surveyed, the overall survey results can be interpreted as representing the attitudes and behaviors of the student population as a whole rather than just individual grade levels.

Grade Distribution

In addition to considering which grades have been surveyed, it is also important to examine the distribution of the sample across grade levels. This can be done by comparing the grade level distribution of the population (from school enrollment figures) to the grade level distribution of the survey sample. These distributions are shown in the table below. Ideally, the percentage of students in each grade of the sample should approximate the percentage of students who are enrolled in each grade. Large differences indicate that the sample is unbalanced across grade levels and might be notably younger or older than the actual student population.

Sample Size

When reviewing survey results people often ask, “What is the margin of error?” This is referred to as the “confidence interval,” and it reflects the precision of a statistical estimate. For example, a

confidence interval of ± 3.0 points for a drug use prevalence rate of 50.0% means that there is a 95% chance that the true score is between 47.0% and 53.0%.

For school-based survey research, confidence intervals are determined by the size of the sample relative to the school's enrollment. The higher the percentage of a school's total enrollment that is included in the sample, the smaller the confidence interval and the more precise the results. The following table presents confidence intervals for both grade-level and overall estimates. Note that these confidence intervals are for prevalence rates of 50%. For less prevalent behaviors the confidence interval narrows substantially. Also, they do not take into account the complex design of the survey sample.

For the WSFCS survey, maximum grade-level confidence intervals range from a low of ± 4.3 percentage points for 9th and 10th graders to a high of ± 5.6 percentage points for 12th graders. Estimates for the overall sample have a maximum confidence interval of ± 2.2 percentage points. This means that for an overall prevalence rate of 50%, there is a 95% chance that the true prevalence rate ranges between 47.8% and 52.2%.

	Population		Sample		Confidence Interval
	Number	Percentage	Number	Percentage	
Grade					
9	4803	31.4	472	29.8	4.3
10	3668	24.0	455	28.8	4.3
11	3688	24.1	376	23.8	4.8
12	3127	20.5	279	17.6	5.6
Totals	15,286	100.0	1582	100.0	2.2

Note: Rounding can produce totals that do not equal 100%. The sample total in this table does not include respondents who did not select a grade level on the survey.

Demographic Profile

A demographic profile of the survey sample is presented in the table below. A slightly lower percentage of WSFCS students were female (48.0%) than male (52.0%). In response to the questions about race and ethnicity, 47.5% of surveyed students identified themselves as White and 31.6% identified themselves as African American. Identification with other racial and ethnic groups was substantially lower.

Please note that in the body of this report survey results will be presented for three racial and ethnic categories: African American, White, and Other. This is done to ensure that subsample sizes are large enough to provide useful results and to protect respondent anonymity.

Demographic Characteristics of Surveyed Youth

	Number	Percentage
Total Survey Respondents	1587	100.0
Gender		
Female	761	48.0
Male	823	52.0
Race and Ethnicity		
American Indian or Alaska Native	10	0.6
Asian	27	1.7
Black or African American	497	31.6
Hispanic or Latino	94	6.0
Native Hawaiian or Other Pacific Islander	20	1.3
White	747	47.5
Multiple Response – Hispanic	91	5.8
Multiple Response – Non-Hispanic	88	5.6
Age		
12 or younger	1	0.1
13	1	0.1
14	180	11.4
15	415	26.2
16	445	28.1
17	345	21.8
18 or older	195	12.3

Note: Rounding can produce totals that do not equal 100%. Students are able to select more than one race or ethnic category. The totals for each demographic category may not equal the overall total because some students may have elected to skip these questions.

Organization of this Report

In this report, WSFCS YRBS results are organized into nine sections: (1) use of alcohol, tobacco, and other drugs; (2) automobile and bicycle safety; (3) violence and bullying; (4) sexual behavior; (5) suicide-related attitudes and behaviors; (6) body weight and dieting; (7) nutrition; (8) physical activity and health; and (9) additional tables.

Each section contains one or more results summary tables. Most of the data points presented in these tables show the percentage of students reporting a behavior or attitude (also known as a prevalence rate). (An example of a prevalence rate is the percentage of students who have used marijuana.) If a survey item addresses behavior within a finite period of time, that time period—past 30 days, past three months, or past 12 months—is specified in either the description of the survey item or in a note at the bottom of the table.

For some survey items, summary data are more appropriately presented as averages. (The average number of hours of television watched on a school day provides an example.) These averages are estimates because some response categories—such as “4 or more times per day”—cannot be assigned precise values. Items that cannot be logically presented as percentages or averages are not included in the summary tables. The nine sections also include detailed tables with full response distributions for each item. These detailed tables are presented in the order in which the items appear in the survey questionnaire.

Use of Alcohol, Tobacco, and Other Drugs

The 2009 YRBS includes 21 items that address the use of alcohol, tobacco, and other drugs (ATODs). Results for this item set are presented in two formats. First, four results summary tables present prevalence rates or averages for the majority ATOD items. Second, full response distributions are presented for all 21 items. Both the summary tables and the response distribution tables show results by demographic groups, grade levels, and the overall sample.

Results Summary – Lifetime ATOD Use							
	Female	Male	9th	10th	11th	12th	All
Alcohol	61.8	68.5	49.4	67.5	74.4	76.6	65.3
Cigarettes	29.4	36.1	25.1	30.4	35.1	46.7	32.9
Inhalants	11.6	12.4	11.8	13.6	11.8	10.3	12.1
Marijuana	34.1	44.0	26.9	38.6	45.2	53.6	39.2
Ecstasy	3.4	7.3	2.8	4.6	6.5	10.5	5.6
Cocaine	3.3	7.3	4.0	4.8	5.1	9.7	5.5
Methamphetamine	2.0	4.0	1.5	2.9	3.5	6.1	3.2
Heroin	1.4	3.4	1.5	1.8	2.9	5.4	2.6
Steroids	2.1	4.5	2.1	3.3	4.3	5.0	3.5
Prescription Drugs (no doctor's order)	15.9	19.3	9.8	17.1	21.4	27.1	17.7
Used needle to inject illegal drugs	1.4	3.7	1.5	1.8	2.9	5.4	2.7

Note: Data points show the percentage of respondents who reported one or more occasions of use in their lifetimes.

- For the overall sample, WSFCS students reported the highest lifetime prevalence-of-use rates for alcohol (65.3%), marijuana (39.2%) and cigarettes (32.9%). Other lifetime prevalence rates ranged from 2.6% for heroin to 17.7% for prescription drugs (without a doctor's order).
- Male students reported higher lifetime prevalence rates for most ATOD categories. For example, 44.0% of male students reported lifetime marijuana use compared to 34.1% of female students, and 36.1% of male students reported lifetime cigarette use compared to 29.4% of female students.

Results Summary – Past-30-Day ATOD Use

	Female	Male	9th	10th	11th	12th	All
Alcohol	32.3	40.1	24.7	35.7	42.2	50.2	36.4
Binge Drinking	15.7	23.0	12.2	17.9	21.9	32.5	19.6
Cigarettes	15.9	21.7	13.5	16.0	19.5	31.9	19.0
Marijuana	17.3	25.7	14.3	20.5	25.1	31.8	21.7
20+ days smoking cigarettes	4.7	8.5	3.8	5.1	6.7	13.6	6.7

Note: First four data rows show the percentage of respondents who reported one or more occasions of use in the past 30 days. Binge drinking is defined as the consumption of five or more drinks in a row within a couple of hours. Bottom data row shows percentage of respondents who reported smoking cigarettes on 20 or more of the past 30 days.

- For the overall sample, WSFCS students reported the highest past-30-day prevalence-of-use rates for alcohol (36.4%) and marijuana (21.7%).
- Among WSFCS students, 6.7% reported smoking cigarettes on 20 or more of the past 30 days.
- Male students reported higher rates of current ATOD use. In particular, male students reported a higher rate of binge drinking (23.0% among males versus 15.7% among females) and past-30-day marijuana use (25.7% among males versus 17.3% among females).

Results Summary – ATOD Use on School Property

	Female	Male	9th	10th	11th	12th	All
Alcohol (past 30 days)	4.8	6.9	6.2	3.6	7.5	7.6	6.0
Marijuana (past 30 days)	4.0	7.1	3.6	6.2	6.2	7.6	5.7
Offered, sold, or given an illegal drug on school property (past 12 months)	24.5	35.7	30.4	30.6	30.4	29.2	30.2

Note: All data points show percentages.

- Over the past 12 months, 30.2% of WSFCS students reported being offered, sold, or given an illegal drug on school property.

Results Summary – Age of First ATOD Use

	<u>Female</u>	<u>Male</u>	<u>9th</u>	<u>10th</u>	<u>11th</u>	<u>12th</u>	<u>All</u>
Alcohol	13.5	13.2	12.5	13.0	13.7	14.2	13.3
Cigarettes	13.3	13.0	12.4	12.6	13.3	14.1	13.1
Marijuana	14.0	13.4	12.4	13.5	14.1	14.5	13.6

Note: Data points show the average age of first use. Averages only include responses from students who reported ATOD use.

Special care should be taken when evaluating age-of-first-use data. While the average age of first use is typically lower in the earlier grades than it is in the later ones, this should not be interpreted as indicating that the younger cohorts are initiating substance use at an earlier age than the older cohorts did. Rather, the average age for each cohort increases as its members progress through school and more of them initiate experimentation with ATODs. For this reason, the question “When do students first start using alcohol?” is best answered by examining the responses of students in the highest grade level surveyed because they can best reflect on their high-school and/or middle-school experiences and accurately report the age they first started using drugs.

- On average, 12th grade WSFCS students reported first using alcohol at age 13.3, first using cigarettes at age 13.1, and first using marijuana at age 13.6.

How old were you when you smoked a whole cigarette for the first time?

	Never smoked	8 years or younger	9 or 10 years	11 or 12 years	13 or 14 years	15 or 16 years	17 years or older
Overall sample	67.1	2.4	2.9	6.2	11.0	8.1	2.3
Grade level							
9 th	74.9	1.9	2.8	5.5	12.3	2.5	0.0
10 th	69.6	2.4	3.1	6.7	12.0	6.0	0.2
11 th	64.9	3.2	2.7	5.6	8.3	13.1	2.1
12 th	53.3	2.2	2.9	6.9	10.9	13.8	10.1
Gender							
Female	70.6	1.4	2.2	5.7	10.1	7.8	2.1
Male	63.9	3.3	3.6	6.5	11.8	8.3	2.6
Race and ethnicity							
African American	73.9	2.2	2.9	5.3	10.0	4.5	1.2
White	65.4	2.0	2.6	5.6	11.0	10.2	3.2
Other	61.4	3.6	3.3	8.8	12.5	8.8	1.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, on how many days did you smoke cigarettes?

	0 days	1 or 2 days	3 to 5 days	6 to 9 days	10 to 19 days	20 to 29 days	All 30 days
Overall sample	81.0	5.5	3.0	1.8	1.9	1.6	5.0
Grade level							
9 th	86.5	4.7	2.6	1.3	1.1	1.3	2.6
10 th	84.0	4.7	2.7	2.0	1.6	1.3	3.8
11 th	80.5	6.4	2.7	1.9	1.9	1.6	5.1
12 th	68.1	7.2	5.0	2.5	3.6	2.9	10.8
Gender							
Female	84.1	5.1	3.2	1.4	1.4	1.3	3.4
Male	78.3	5.9	2.9	2.1	2.3	2.0	6.5
Race and ethnicity							
African American	87.4	4.1	3.1	0.4	0.8	1.4	2.9
White	77.4	5.9	3.0	2.6	2.6	1.7	6.8
Other	79.6	6.7	3.0	2.4	2.1	1.8	4.3

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 12 months, did you ever try to quit smoking cigarettes?

	Did not smoke	Yes	No
Overall sample	77.6	11.2	11.2
Grade level			
9 th	83.5	9.0	7.5
10 th	80.6	10.5	8.9
11 th	76.9	11.5	11.5
12 th	64.0	16.0	20.0
Gender			
Female	81.1	10.4	8.5
Male	74.4	12.0	13.6
Race and ethnicity			
African American	83.4	11.0	5.5
White	74.6	10.8	14.7
Other	75.7	12.9	11.4

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

How old were you when you had your first drink of alcohol other than a few sips?

	Never had a drink	8 years or younger	9 or 10 years	11 or 12 years	13 or 14 years	15 or 16 years	17 years or older
Overall sample	34.7	5.5	4.8	7.3	23.9	20.1	3.6
Grade level							
9 th	50.6	4.8	5.8	7.8	22.9	7.6	0.4
10 th	32.5	6.1	4.5	10.2	26.8	18.2	1.6
11 th	25.6	5.9	5.1	5.1	24.0	29.9	4.3
12 th	23.4	5.1	3.3	4.4	20.9	31.5	11.4
Gender							
Female	38.2	4.2	3.5	6.7	24.2	20.0	3.2
Male	31.5	6.8	6.1	7.7	23.8	20.1	4.0
Race and ethnicity							
African American	35.5	6.8	5.4	8.1	22.1	17.4	4.8
White	36.8	2.9	3.7	6.4	24.8	22.9	2.5
Other	28.5	9.5	6.1	8.3	25.2	17.8	4.6

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, on how many days did you have at least one drink of alcohol?

	0 days	1 or 2 days	3 to 5 days	6 to 9 days	10 to 19 days	20 to 29 days	All 30 days
Overall sample	63.6	18.1	9.4	4.1	3.0	0.4	1.3
Grade level							
9 th	75.3	14.0	5.6	1.3	2.2	0.7	0.9
10 th	64.3	19.4	8.8	3.8	2.3	0.0	1.4
11 th	57.8	21.2	11.7	5.9	2.0	0.6	0.8
12 th	49.8	18.6	14.2	7.1	7.1	0.4	2.8
Gender							
Female	67.7	18.4	8.1	3.6	1.8	0.3	0.3
Male	59.9	17.9	10.7	4.5	4.1	0.5	2.3
Race and ethnicity							
African American	68.6	18.6	6.1	2.6	1.7	0.7	1.7
White	61.6	19.1	10.7	4.5	3.1	0.3	0.8
Other	61.0	16.0	11.0	5.3	4.4	0.3	1.9

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

	0 days	1 Day	2 days	3 to 5 days	6 to 9 days	10 to 19 days	20+ days
Overall sample	80.4	7.1	5.3	4.5	0.8	0.7	1.0
Grade level							
9 th	87.8	4.3	3.9	2.8	0.6	0.0	0.6
10 th	82.1	7.5	4.6	3.5	0.2	0.9	1.1
11 th	78.1	9.0	5.7	4.9	0.8	0.5	0.8
12 th	67.5	9.1	8.7	8.7	2.3	1.9	1.9
Gender							
Female	84.3	6.9	4.0	4.1	0.3	0.1	0.3
Male	77.0	7.4	6.5	4.9	1.4	1.1	1.7
Race and ethnicity							
African American	87.4	4.9	4.7	0.8	0.8	0.4	0.8
White	77.8	8.2	5.3	6.0	0.8	1.0	0.8
Other	76.4	8.0	5.8	6.4	0.9	0.6	1.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, on how many days did you have at least one drink of alcohol on school property?

	0 days	1 or 2 days	3 to 5 days	6 to 9 days	10 to 19 days	20 to 29 days	All 30 days
Overall sample	94.0	3.8	0.8	0.2	0.3	0.1	0.8
Grade level							
9 th	93.8	4.5	0.6	0.0	0.2	0.4	0.4
10 th	96.4	2.0	0.2	0.0	0.4	0.0	0.9
11 th	92.5	4.3	1.9	0.3	0.3	0.0	0.8
12 th	92.4	5.1	0.7	0.7	0.0	0.0	1.1
Gender							
Female	95.2	3.6	0.7	0.0	0.1	0.1	0.3
Male	93.1	3.8	1.0	0.4	0.4	0.1	1.2
Race and ethnicity							
African American	91.2	6.2	1.2	0.4	0.2	0.2	0.6
White	96.5	1.9	0.7	0.1	0.4	0.0	0.4
Other	92.9	4.3	0.6	0.0	0.0	0.3	1.9

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, how did you usually get the alcohol you drank?

	Did not drink	Store	Restaurant or bar	Public event	Someone bought it for me	Someone gave it to me	Took it from store or family member	Some other way
Overall sample	62.4	2.3	0.6	0.6	8.9	13.2	3.2	8.8
Grade level								
9 th	73.3	1.3	0.0	0.4	4.5	10.0	2.6	7.9
10 th	64.4	1.6	0.2	0.7	7.1	11.8	5.1	9.1
11 th	58.3	2.4	1.1	0.3	11.5	15.2	2.1	9.1
12 th	46.6	4.7	1.4	1.1	15.8	18.3	2.9	9.3
Gender								
Female	65.2	0.5	0.4	0.1	7.0	16.0	2.9	7.8
Male	59.9	3.9	0.7	1.0	10.6	10.5	3.5	9.8
Race and ethnicity								
African American	67.3	2.2	1.4	0.8	6.1	10.2	3.5	8.5
White	59.7	2.4	0.0	0.5	10.5	15.8	2.9	8.2
Other	61.7	2.1	0.3	0.3	8.9	12.3	3.7	10.7

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During your life, how many times have you used marijuana?

	0 times	1 or 2 times	3 to 9 times	10 to 19 times	20 to 39 times	40 to 99 times	100+ times
Overall sample	60.8	10.1	8.8	4.6	4.6	2.5	8.7
Grade level							
9 th	73.1	8.0	4.9	3.9	2.4	1.5	6.2
10 th	61.4	9.8	10.3	4.0	5.4	2.2	6.9
11 th	54.8	12.3	10.4	6.0	5.4	2.2	9.0
12 th	46.4	10.9	11.2	4.9	6.0	5.2	15.4
Gender							
Female	65.9	10.5	7.2	4.8	4.9	2.3	4.5
Male	56.0	9.5	10.4	4.4	4.1	2.8	12.7
Race and ethnicity							
African American	55.4	11.9	9.8	5.0	7.1	2.3	8.4
White	65.6	8.4	8.3	4.2	2.7	2.4	8.4
Other	57.1	11.5	8.7	4.7	5.3	3.1	9.6

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

How old were you when you tried marijuana for the first time?

	Never tried	8 years or younger	9 or 10 years	11 or 12 years	13 or 14 years	15 or 16 years	17 years or older
Overall sample	60.8	2.1	2.3	4.6	14.2	13.4	2.6
Grade level							
9 th	73.2	2.1	3.0	5.2	14.6	1.9	0.0
10 th	61.4	2.0	2.7	4.7	14.9	13.7	0.7
11 th	54.9	2.2	1.4	4.9	12.8	20.9	3.0
12 th	46.4	1.9	1.9	3.0	14.6	22.5	9.7
Gender							
Female	65.9	0.7	2.0	3.3	11.8	13.7	2.7
Male	56.1	3.4	2.5	5.8	16.5	13.3	2.5
Race and ethnicity							
African American	55.6	2.5	3.5	6.9	16.5	12.5	2.5
White	65.7	1.2	1.5	3.1	11.3	14.2	3.0
Other	57.0	3.4	2.5	4.6	18.0	13.0	1.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, how many times did you use marijuana?

	0 times	1 or 2 times	3 to 9 times	10 to 19 times	20 to 39 times	40+ times
Overall sample	78.3	7.2	6.2	2.6	1.5	4.2
Grade level						
9 th	85.7	4.1	4.3	1.7	1.7	2.6
10 th	79.5	8.7	5.6	1.8	1.1	3.3
11 th	74.9	8.5	7.4	3.6	2.2	3.6
12 th	68.2	8.8	9.1	4.4	0.7	8.8
Gender						
Female	82.7	5.6	6.3	2.5	0.9	2.0
Male	74.3	8.7	6.1	2.7	2.0	6.2
Race and ethnicity						
African American	76.3	7.9	7.1	2.5	2.7	3.5
White	80.8	6.6	4.6	2.3	0.9	4.7
Other	75.7	7.9	8.5	3.3	0.9	3.6

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, how many times did you use marijuana on school property?

	0 times	1 or 2 times	3 to 9 times	10 to 19 times	20 to 39 times	40+ times
Overall sample	94.3	2.8	1.4	0.7	0.1	0.7
Grade level						
9 th	96.4	2.4	0.6	0.2	0.0	0.4
10 th	93.8	2.9	1.5	0.7	0.0	1.1
11 th	93.8	3.0	1.6	0.8	0.5	0.3
12 th	92.4	3.3	1.8	1.5	0.0	1.1
Gender						
Female	96.0	2.0	0.9	0.7	0.0	0.4
Male	92.9	3.3	1.8	0.7	0.2	1.0
Race and ethnicity						
African American	94.3	3.1	1.8	0.0	0.2	0.6
White	95.4	1.7	1.1	1.1	0.1	0.5
Other	91.8	4.6	1.5	0.9	0.0	1.2

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

	0 times	1 or 2 times	3 to 9 times	10 to 19 times	20 to 39 times	40+ times
Overall sample	94.5	2.5	1.0	0.6	0.3	1.1
Grade level						
9 th	96.0	2.1	0.8	0.2	0.0	0.8
10 th	95.2	2.0	1.5	0.2	0.2	0.9
11 th	94.9	2.9	0.5	0.8	0.3	0.5
12 th	90.3	3.6	1.1	1.4	1.1	2.5
Gender						
Female	96.7	1.6	0.7	0.3	0.3	0.5
Male	92.7	3.4	1.2	0.7	0.4	1.6
Race and ethnicity						
African American	97.2	0.8	0.6	0.6	0.2	0.6
White	93.6	3.2	1.3	0.1	0.5	1.2
Other	92.4	3.6	0.9	1.5	0.0	1.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	0 times	1 or 2 times	3 to 9 times	10 to 19 times	20 to 39 times	40+ times
Overall sample	87.9	5.9	3.5	0.8	0.6	1.2
Grade level						
9 th	88.2	5.9	3.5	0.9	0.9	0.7
10 th	86.4	7.6	3.1	0.9	0.4	1.6
11 th	88.2	5.9	3.8	0.5	0.3	1.3
12 th	89.7	3.3	3.3	1.1	1.1	1.5
Gender						
Female	88.4	5.6	3.9	0.8	0.8	0.5
Male	87.6	6.1	3.1	0.9	0.4	1.9
Race and ethnicity						
African American	90.0	4.4	4.2	1.0	0.0	0.4
White	88.1	6.7	2.3	0.7	0.7	1.5
Other	84.3	6.5	4.9	0.9	1.5	1.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During your life, how many times have you used heroin (also called smack, junk, or China White)?

	0 times	1 or 2 times	3 to 9 times	10 to 19 times	20 to 39 times	40+ times
Overall sample	97.4	1.3	0.2	0.3	0.1	0.6
Grade level						
9 th	98.5	1.1	0.0	0.2	0.0	0.2
10 th	98.2	0.7	0.0	0.2	0.2	0.7
11 th	97.1	2.1	0.0	0.3	0.0	0.5
12 th	94.6	1.8	1.1	0.7	0.4	1.4
Gender						
Female	98.6	0.8	0.1	0.1	0.1	0.3
Male	96.6	1.8	0.1	0.4	0.1	1.0
Race and ethnicity						
African American	97.4	1.6	0.2	0.6	0.0	0.2
White	97.9	0.9	0.1	0.1	0.3	0.7
Other	96.4	1.8	0.3	0.3	0.0	1.2

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?

	0 times	1 or 2 times	3 to 9 times	10 to 19 times	20 to 39 times	40+ times
Overall sample	96.8	0.9	0.6	0.6	0.1	0.9
Grade level						
9 th	98.5	0.4	0.6	0.0	0.0	0.4
10 th	97.1	0.2	0.7	0.9	0.4	0.7
11 th	96.5	1.3	0.3	0.8	0.0	1.1
12 th	93.9	2.2	0.7	1.1	0.0	2.2
Gender						
Female	98.0	1.1	0.3	0.4	0.0	0.3
Male	96.0	0.6	0.9	0.7	0.2	1.6
Race and ethnicity						
African American	98.2	1.0	0.4	0.0	0.0	0.4
White	96.7	0.8	0.7	0.5	0.1	1.2
Other	95.2	0.9	0.6	1.8	0.3	1.2

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During your life, how many times have you used ecstasy (also called MDMA)?

	0 times	1 or 2 times	3 to 9 times	10 to 19 times	20 to 39 times	40+ times
Overall sample	94.4	2.9	1.1	0.3	0.4	0.8
Grade level						
9 th	97.2	1.9	0.0	0.0	0.2	0.6
10 th	95.4	2.9	0.7	0.4	0.4	0.2
11 th	93.5	2.7	2.2	0.3	0.8	0.5
12 th	89.5	4.7	2.5	0.7	0.4	2.2
Gender						
Female	96.6	2.2	0.8	0.0	0.1	0.3
Male	92.7	3.5	1.3	0.6	0.7	1.1
Race and ethnicity						
African American	96.5	1.2	1.2	0.4	0.2	0.4
White	93.8	3.2	1.2	0.4	0.7	0.7
Other	93.0	4.2	0.9	0.0	0.3	1.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During your life, how many times have you taken steroid pills or shots without a doctor's prescription?

	0 times	1 or 2 times	3 to 9 times	10 to 19 times	20 to 39 times	40+ times
Overall sample	96.5	1.6	0.8	0.4	0.3	0.4
Grade level						
9 th	97.9	1.7	0.2	0.0	0.2	0.0
10 th	96.7	1.3	0.7	0.7	0.4	0.2
11 th	95.7	1.9	1.3	0.3	0.3	0.5
12 th	95.0	1.4	1.1	1.1	0.4	1.1
Gender						
Female	97.9	1.2	0.5	0.1	0.3	0.0
Male	95.5	1.8	1.0	0.6	0.4	0.7
Race and ethnicity						
African American	96.6	2.0	0.4	0.2	0.6	0.2
White	96.7	1.2	1.1	0.5	0.1	0.4
Other	96.4	1.8	0.3	0.6	0.3	0.6

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During your life, how many times have you used a needle to inject any illegal drug into your body?

	0 times	1 time	2+ times
Overall sample	97.3	1.1	1.5
Grade level			
9 th	98.5	0.8	0.6
10 th	98.2	0.7	1.1
11 th	97.1	1.6	1.3
12 th	94.6	1.4	4.0
Gender			
Female	98.6	0.4	1.1
Male	96.3	1.8	1.8
Race and ethnicity			
African American	97.8	1.2	1.0
White	97.9	0.9	1.2
Other	95.5	1.5	3.0

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, Adderall, Ritalin, or Xanax) without a doctor's prescription?

	0 times	1 or 2 times	3 to 9 times	10 to 19 times	20 to 39 times	40+ times
Overall sample	82.3	7.1	4.9	2.1	1.3	2.3
Grade level						
9 th	90.2	4.9	3.4	0.6	0.4	0.4
10 th	82.9	7.7	4.6	2.0	1.1	1.8
11 th	78.6	8.6	6.4	2.4	1.3	2.7
12 th	72.9	7.9	6.1	4.3	2.9	5.8
Gender						
Female	84.1	7.6	4.1	2.1	1.3	0.8
Male	80.7	6.5	5.7	2.1	1.3	3.7
Race and ethnicity						
African American	88.3	4.7	3.8	0.6	1.0	1.6
White	77.3	9.5	5.6	2.8	1.6	3.1
Other	84.8	5.2	4.9	2.7	0.9	1.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 12 months, has anyone offered, sold or given you an illegal drug on school property?

	Yes	No
Overall sample	30.2	69.8
Grade level		
9 th	30.4	69.6
10 th	30.6	69.4
11 th	30.4	69.6
12 th	29.2	70.8
Gender		
Female	24.5	75.5
Male	35.7	64.3
Race and ethnicity		
African American	27.8	72.2
White	30.3	69.7
Other	33.8	66.2

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Automobile and Bicycle Safety

The 2009 YRBS includes six items that address youth safety behaviors related to automobile and bicycle use. Results for this item set are presented in two formats. First, a results summary table presents prevalence rates for each of the six items. Second, full response distributions are presented for each item. Both the summary table and the response distribution tables show results by demographic groups, grade levels, and the overall sample.

Results Summary – Automobile and Bicycle Safety

	<u>Female</u>	<u>Male</u>	<u>9th</u>	<u>10th</u>	<u>11th</u>	<u>12th</u>	<u>All</u>
Always wear a seatbelt when riding in a car driven by someone else	54.9	48.4	51.0	52.6	50.7	51.3	51.5
Rode in a car driven by someone who had been recklessly speeding (past 30 days)	50.9	52.9	44.7	53.2	56.7	55.9	52.1
Rode in a car driven by someone who had been drinking alcohol (past 30 days)	18.7	22.0	16.7	19.0	22.9	25.8	20.5
Drove a car after drinking alcohol (past 30 days)	4.9	11.6	4.5	5.7	12.7	12.9	8.4
Drove a car under the influence of drugs other than tobacco (past 30 days)	11.4	18.5	9.8	11.9	18.1	25.1	15.2
Percentage of bicycle riders who wore a helmet most of the time or always (past 12 months)	15.9	13.5	17.2	13.5	12.3	13.4	14.4

Note: Data points show the percentage of students reporting each behavior.

- Across the overall sample, 51.5% of WSFCS students reported always wearing a seatbelt.
- During the past 30 days, 52.1% of WSFCS students rode in a car driven by someone who had been recklessly speeding, and 20.5% rode in a car driven by someone who had been drinking alcohol.
- During the past 30 days, 8.4% of surveyed students drove a car when they had been drinking alcohol, and 15.2% drove a car under the influence of drugs other than tobacco.

- Male students were more likely than female students to report driving a car under the influence of alcohol or drugs other than tobacco.

When you rode a bicycle during the past 12 months, how often did you wear a helmet?

	Do not ride	Never	Rarely	Sometimes	Most of the time	Always
Overall sample	44.8	38.1	5.9	3.2	3.9	4.1
Grade level						
9 th	36.9	40.5	7.0	4.7	4.9	6.0
10 th	41.3	40.4	7.3	3.1	3.7	4.2
11 th	52.1	34.5	5.1	2.4	3.2	2.7
12 th	54.2	35.0	2.9	1.8	3.6	2.5
Gender						
Female	54.7	28.6	5.7	3.8	3.8	3.4
Male	35.6	47.0	6.0	2.7	4.0	4.7
Race and ethnicity						
African American	55.8	35.9	4.6	1.4	1.2	1.0
White	36.8	38.2	7.1	4.7	6.7	6.5
Other	46.2	41.3	4.9	2.8	1.8	3.1

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

How often do you wear a seatbelt when riding in a car driven by someone else?

	Never	Rarely	Sometimes	Most of the time	Always
Overall sample	2.5	5.1	12.9	27.9	51.5
Grade level					
9 th	2.1	6.2	14.3	26.3	51.0
10 th	2.4	3.7	11.9	29.3	52.6
11 th	2.9	5.6	13.4	27.3	50.7
12 th	2.5	5.1	11.6	29.6	51.3
Gender					
Female	1.3	4.5	12.6	26.7	54.9
Male	3.6	5.8	13.1	29.1	48.4
Race and ethnicity					
African American	2.4	5.9	19.1	32.7	40.0
White	1.3	3.6	7.7	25.0	62.4
Other	5.2	7.3	15.6	27.2	44.6

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been recklessly speeding?

	0 times	1 time	2 or 3 times	4 or 5 times	6+ times
Overall sample	47.9	15.3	18.9	6.2	11.7
Grade level					
9 th	55.3	15.5	15.1	6.2	7.9
10 th	46.8	15.2	20.0	5.9	12.1
11 th	43.3	16.0	20.9	5.9	13.9
12 th	44.1	13.6	20.8	7.2	14.3
Gender					
Female	49.1	14.9	18.7	7.1	10.3
Male	47.1	15.5	19.1	5.2	13.0
Race and ethnicity					
African American	53.6	14.1	16.3	5.6	10.3
White	44.0	17.2	20.4	6.8	11.5
Other	48.3	13.4	18.5	5.5	14.3

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

	0 times	1 time	2 or 3 times	4 or 5 times	6+ times
Overall sample	79.5	8.2	7.6	1.3	3.4
Grade level					
9 th	83.3	6.0	7.1	1.1	2.6
10 th	81.0	8.8	7.3	0.2	2.6
11 th	77.1	8.8	8.5	1.9	3.7
12 th	74.2	9.7	7.5	2.9	5.7
Gender					
Female	81.3	9.5	6.5	0.8	2.0
Male	78.0	6.8	8.7	1.8	4.6
Race and ethnicity					
African American	80.7	5.9	8.9	2.0	2.4
White	80.7	8.6	7.4	0.8	2.6
Other	75.1	10.6	5.8	1.5	7.0

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, how many times did you drive a car or other vehicle driven when you had been drinking alcohol?

	0 times	1 time	2 or 3 times	4 or 5 times	6+ times
Overall sample	91.6	2.9	3.2	0.6	1.6
Grade level					
9 th	95.5	0.2	2.1	0.6	1.5
10 th	94.3	2.9	1.8	0.2	0.9
11 th	87.3	4.6	5.4	0.8	1.9
12 th	87.1	4.8	4.4	1.1	2.6
Gender					
Female	95.1	1.7	2.1	0.3	0.8
Male	88.4	4.1	4.2	1.0	2.3
Race and ethnicity					
African American	93.2	2.7	2.7	0.4	1.0
White	92.3	3.4	3.1	0.5	0.7
Other	88.3	2.5	4.0	0.9	4.3

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, how many times did you drive a car or other vehicle under the influence of drugs other than tobacco?

	0 times	1 time	2 or 3 times	4 or 5 times	6+ times
Overall sample	84.8	4.9	3.6	1.7	5.0
Grade level					
9 th	90.2	4.2	1.7	1.3	2.5
10 th	88.1	3.7	3.7	1.1	3.3
11 th	81.9	6.9	3.5	2.4	5.3
12 th	74.9	5.0	6.5	2.2	11.5
Gender					
Female	88.6	3.8	3.0	1.3	3.3
Male	81.5	6.0	3.9	2.1	6.6
Race and ethnicity					
African American	82.9	6.3	4.6	1.8	4.4
White	86.3	4.6	2.8	1.2	5.1
Other	84.5	3.9	3.6	2.4	5.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Violence and Bullying

The 2009 YRBS includes 13 items that address violence-related behavior. Results for this item set are presented in two formats. First, three results summary tables present prevalence rates for all 13 items. Second, full response distributions are presented for each item. Both the summary tables and the response distribution tables show results by demographic groups, grade levels, and the overall sample.

Results Summary – Violence-Related Behavior

	Female	Male	9th	10th	11th	12th	All
In a physical fight	20.2	36.1	27.6	32.2	28.3	24.6	28.5
In a physical fight on school property	6.5	12.1	11.2	9.1	8.3	9.0	9.5
Injury from physical fight requiring medical treatment	3.0	5.0	3.8	3.8	4.5	4.8	4.1
Boyfriend or girlfriend hit, slapped, or physically hurt student	11.3	11.8	9.6	10.2	11.3	17.2	11.6
Forced to have sexual intercourse (lifetime)	11.6	4.8	8.3	7.5	7.0	9.9	8.1
Someone stole or damaged student's property while at school	27.9	31.5	27.5	32.9	29.9	29.0	29.9
Did not go to school on one or more of the past 30 days because felt unsafe	5.7	5.0	6.2	4.4	5.1	6.5	5.4

Note: Unless otherwise noted, data points show the percentage of students reporting behavior that occurred within the past 12 months.

- During the past 12 months, 28.5% of WSFCS students have been in a physical fight, 9.5% have been in a physical fight on school property, and 4.1% sustained an injury from a physical fight that required medical treatment.
- During the past 12 months, 11.6% of WSFCS students have been hit, slapped, or physically hurt by a boyfriend or girlfriend.
- In WSFCS, 11.6% of female students and 4.8% of male students reported having been physically forced to have sexual intercourse.
- During the past 30 days, 5.4% of WSFCS students did not go to school on one or more days because they felt unsafe.

- Male students reported a higher overall level of fighting than female respondents. In particular, male students were more likely to have been in a physical fight (36.1% male versus 20.2% female) and to have been in a physical fight on school property (12.1% male versus 6.5% female).

Results Summary – Bullying

	<u>Female</u>	<u>Male</u>	<u>9th</u>	<u>10th</u>	<u>11th</u>	<u>12th</u>	<u>All</u>
Bullied on school property (past 12 months)	17.2	12.8	17.1	17.2	12.0	11.4	14.9
Electronically bullied (past 12 months)	17.1	8.6	11.2	14.3	14.8	9.6	12.7
Seen other students bullied in school	61.1	55.1	56.6	61.7	57.6	55.1	57.9

Note: Data points show percentages.

- During the past 12 months, 14.9% of WSFCS students have been bullied on school property and 12.7% have been electronically bullied.
- Female students reported higher rates of being bullied on school property (17.2% female versus 12.8% male) and being electronically bullied (17.1% female versus 8.6% male).

Results Summary – Weapons

	<u>Female</u>	<u>Male</u>	<u>9th</u>	<u>10th</u>	<u>11th</u>	<u>12th</u>	<u>All</u>
Carried a weapon, such as a gun, knife, or club (past 30 days)	7.2	25.3	15.2	18.4	16.5	15.9	16.6
Carried a weapon, such as a gun, knife, or club on school property (past 30 days)	3.2	5.3	3.4	4.7	4.6	4.8	4.3
Threatened or injured with a gun, knife, or club on school property (past 12 months)	4.1	6.8	5.1	5.9	6.1	5.0	5.5

Note: Data points show percentages.

- During the past 30 days, 16.6% of WSFCS students reported carrying a weapon (such as a gun, knife, or club) and 4.3% reported carrying a weapon (such as a gun, knife, or club) on school property.
- During the past 12 months, 5.5% of WSFCS students reported having been threatened or injured with a gun, knife, or club on school property.

- Across all three survey questions, males reported higher prevalence rates.

During the past 12 months, have you ever been bullied on school property?

	Yes	No
Overall sample	14.8	84.6
Grade level		
9 th	17.0	82.6
10 th	17.2	82.8
11 th	12.0	87.5
12 th	11.2	87.4
Gender		
Female	17.2	82.8
Male	12.7	86.6
Race and ethnicity		
African American	10.5	88.5
White	17.6	82.3
Other	14.9	84.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 12 months, have you ever been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging?

	Yes	No
Overall sample	12.6	86.8
Grade level		
9 th	11.2	88.6
10 th	14.3	85.5
11 th	14.7	84.8
12 th	9.5	88.7
Gender		
Female	17.1	82.8
Male	8.6	90.7
Race and ethnicity		
African American	10.5	88.4
White	12.9	86.8
Other	15.1	84.3

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you seen other students being bullied at your school?

	Yes	No	Not sure
Overall sample	57.7	22.5	19.4
Grade level			
9 th	56.5	20.8	22.5
10 th	61.5	18.2	20.0
11 th	57.4	25.5	16.8
12 th	54.5	28.9	15.5
Gender			
Female	61.1	19.6	19.3
Male	54.7	25.3	19.2
Race and ethnicity			
African American	60.7	21.4	17.5
White	58.5	22.4	18.9
Other	51.8	24.4	23.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, on how many days did you carry a weapon, such as a gun, knife, or club?

	0 days	1 day	2 or 3 days	4 or 5 days	6+ days
Overall sample	83.4	3.5	3.5	1.6	8.0
Grade level					
9 th	84.8	3.4	4.9	1.7	5.2
10 th	81.6	3.4	4.0	1.6	9.4
11 th	83.5	3.8	2.4	0.8	9.5
12 th	84.1	3.0	1.5	2.6	8.9
Gender					
Female	92.8	1.7	1.6	0.5	3.3
Male	74.7	5.1	5.2	2.6	12.4
Race and ethnicity					
African American	89.0	1.7	2.5	1.0	5.8
White	80.8	3.6	3.6	2.3	9.7
Other	81.3	5.3	4.7	0.9	7.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, on how many days did you carry a weapon, such as a gun, knife, or club on school property?

	0 days	1 day	2 or 3 days	4 or 5 days	6+ days
Overall sample	95.7	1.0	1.1	0.3	2.0
Grade level					
9 th	96.6	0.6	1.9	0.2	0.6
10 th	95.3	0.9	1.1	0.4	2.2
11 th	95.4	1.1	0.3	0.0	3.3
12 th	95.2	1.5	0.7	0.4	2.2
Gender					
Female	96.8	0.4	1.1	0.1	1.6
Male	94.7	1.5	1.1	0.4	2.4
Race and ethnicity					
African American	96.3	0.6	0.6	0.4	2.1
White	95.8	0.9	1.3	0.3	1.6
Other	94.7	1.3	1.3	0.0	2.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

	0 days	1 day	2 or 3 days	4 or 5 days	6+ days
Overall sample	94.6	2.8	1.1	0.7	0.8
Grade level					
9 th	93.8	2.8	1.7	0.6	1.1
10 th	95.6	2.4	0.9	0.7	0.4
11 th	94.9	3.2	0.8	0.3	0.8
12 th	93.5	3.2	0.7	1.4	1.1
Gender					
Female	94.3	3.7	0.9	0.4	0.7
Male	95.0	1.9	1.1	1.0	1.0
Race and ethnicity					
African American	93.1	3.2	2.0	0.8	0.8
White	97.1	2.0	0.1	0.7	0.1
Other	91.8	3.6	1.8	0.3	2.4

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

	0 times	1 time	2 or 3 times	4 or 5 times	6 or 7 times	8 or 9 times	10 or 11 times	12+ times
Overall sample	94.5	2.5	1.3	0.4	0.4	0.2	0.0	0.8
Grade level								
9 th	94.9	1.9	1.9	0.4	0.4	0.0	0.0	0.4
10 th	94.1	3.1	1.1	0.2	0.4	0.2	0.0	0.9
11 th	93.9	2.7	1.3	0.5	0.5	0.3	0.0	0.8
12 th	95.0	2.5	0.4	0.4	0.0	0.4	0.0	1.4
Gender								
Female	95.9	1.7	1.3	0.4	0.1	0.1	0.0	0.4
Male	93.2	3.3	1.2	0.4	0.6	0.1	0.0	1.2
Race and ethnicity								
African American	92.8	3.0	2.0	0.4	0.6	0.4	0.0	0.8
White	96.3	2.0	0.9	0.1	0.4	0.0	0.0	0.3
Other	93.0	3.0	0.9	0.9	0.0	0.3	0.0	1.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 12 months, how many times were you in a physical fight?

	0 times	1 time	2 or 3 times	4 or 5 times	6 or 7 times	8 or 9 times	10 or 11 times	12+ times
Overall sample	71.5	10.5	9.1	2.6	1.6	1.0	0.3	3.4
Grade level								
9 th	72.4	10.1	9.6	2.0	2.0	1.1	0.4	2.4
10 th	67.8	12.3	11.4	2.0	1.3	1.3	0.4	3.4
11 th	71.7	10.1	9.2	1.9	1.6	0.5	0.3	4.6
12 th	75.4	9.0	4.1	5.6	1.5	1.1	0.0	3.4
Gender								
Female	79.8	9.6	6.3	1.5	0.8	0.3	0.3	1.5
Male	63.9	11.3	11.7	3.6	2.3	1.8	0.4	5.1
Race and ethnicity								
African American	65.4	13.9	8.4	4.4	2.3	1.1	0.0	4.4
White	76.2	8.1	8.7	1.6	1.2	1.4	0.4	2.4
Other	69.8	11.3	10.4	2.2	1.6	0.3	0.6	3.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?

	0 times	1 time	2 or 3 times	4 or 5 times	6+ times
Overall sample	95.9	2.4	1.0	0.2	0.6
Grade level					
9 th	96.2	2.3	1.1	0.2	0.2
10 th	96.2	2.0	1.1	0.0	0.7
11 th	95.5	2.9	1.1	0.0	0.5
12 th	95.2	2.2	0.7	0.7	1.1
Gender					
Female	97.0	2.0	0.7	0.1	0.3
Male	95.0	2.6	1.4	0.2	0.9
Race and ethnicity					
African American	95.1	3.3	0.6	0.4	0.6
White	97.0	1.9	0.7	0.1	0.3
Other	95.1	2.1	1.8	0.0	0.9

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 12 months, how many times were you in a physical fight on school property?

	0 times	1 time	2 or 3 times	4 or 5 times	6 or 7 times	8 or 9 times	10 or 11 times	12+ times
Overall sample	90.5	5.3	2.2	0.7	0.4	0.1	0.1	0.7
Grade level								
9 th	88.8	6.4	3.2	0.4	0.6	0.0	0.2	0.2
10 th	90.9	5.1	2.2	0.4	0.9	0.0	0.0	0.4
11 th	91.7	4.8	1.6	0.8	0.0	0.3	0.0	0.8
12 th	91.0	4.7	1.1	1.4	0.0	0.0	0.0	1.8
Gender								
Female	93.5	5.0	1.2	0.1	0.0	0.0	0.1	0.0
Male	87.9	5.5	3.1	1.1	0.9	0.1	0.0	1.4
Race and ethnicity								
African American	86.6	7.1	3.3	1.2	1.0	0.2	0.0	0.6
White	93.5	3.8	1.3	0.5	0.3	0.0	0.1	0.4
Other	90.1	5.9	2.5	0.3	0.0	0.0	0.0	1.2

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 12 months, how many times has someone stolen or deliberately damaged your property such as your car, clothing, or books on school property?

	0 times	1 time	2 or 3 times	4 or 5 times	6 or 7 times	8 or 9 times	10 or 11 times	12+ times
Overall sample	70.1	17.5	8.8	1.4	0.5	0.3	0.1	1.2
Grade level								
9 th	72.5	14.8	9.7	1.5	0.4	0.4	0.2	0.4
10 th	67.1	19.4	10.4	1.5	0.7	0.2	0.0	0.7
11 th	70.1	18.1	7.2	1.6	0.5	0.3	0.3	1.9
12 th	71.0	18.3	6.8	0.7	0.4	0.4	0.0	2.5
Gender								
Female	72.1	18.1	7.8	1.1	0.1	0.3	0.3	0.4
Male	68.5	16.9	9.7	1.7	0.9	0.4	0.0	2.0
Race and ethnicity								
African American	69.6	19.5	7.9	0.8	0.6	0.4	0.0	1.2
White	71.7	16.9	8.1	1.7	0.5	0.4	0.1	0.5
Other	68.1	15.6	12.0	1.5	0.3	0.0	0.3	2.1

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?

	Yes	No
Overall sample	11.6	88.4
Grade level		
9 th	9.6	90.4
10 th	10.2	89.8
11 th	11.3	88.7
12 th	17.2	82.8
Gender		
Female	11.3	88.7
Male	11.8	88.2
Race and ethnicity		
African American	12.4	87.6
White	10.6	89.4
Other	12.3	87.7

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever been physically forced to have sexual intercourse when you did not want to?

	Yes	No
Overall sample	8.1	91.9
Grade level		
9 th	8.3	91.7
10 th	7.5	92.5
11 th	7.0	93.0
12 th	9.9	90.1
Gender		
Female	11.6	88.4
Male	4.8	95.2
Race and ethnicity		
African American	10.6	89.4
White	6.1	93.9
Other	8.6	91.4

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Sexual Behavior

The 2009 YRBS includes eight items that address sexual behavior. Results for this item set are presented in two formats. First, a results summary table presents prevalence rates and averages for six of the eight items. Second, full response distributions are presented for each item. Both the summary table and the response distribution tables show results by demographic groups, grade levels, and the overall sample.

Results Summary – Sexual Behavior							
	Female	Male	9th	10th	11th	12th	All
Had sexual intercourse (lifetime)	47.0	53.5	32.8	47.3	58.5	73.4	50.3
Among sexually active respondents:							
Average number of partners during lifetime	2.4	3.1	2.6	2.5	3.0	3.1	2.8
Among sexually active respondents:							
Average number of partners during the past 3 months	1.3	1.9	1.5	1.5	1.7	1.6	1.6
Among sexually active respondents:							
Drank alcohol or used drugs before last episode of sexual intercourse	14.6	22.1	20.6	12.0	22.6	19.7	18.7
Among sexually active respondents:							
Used condom during last episode of sexual intercourse	57.0	67.3	65.8	64.4	60.4	60.1	62.6
Among sexually active respondents:							
Average age of first episode of sexual intercourse	14.5	14.0	13.0	13.9	14.4	15.0	14.2

Note: Unless specified, data points show percentages.

- In WSFCS, 53.5% of male students and 47.0% of female students have had sexual intercourse.
- Among sexually active students, males have had an average of 3.1 partners in their lifetimes and 1.9 partners in the past three months, while females have had 2.4 partners in their lifetimes and 1.3 partners in the past three months.
- Among sexually active students, 62.6% reported the use of a condom during the last time they had sexual intercourse.
- Among sexually active students, the average age during the first episode of sexual intercourse was 14.0 for males and 14.5 for females.

Have you ever had sexual intercourse?

	Yes	No
Overall sample	50.3	49.7
Grade level		
9 th	32.8	67.2
10 th	47.3	52.7
11 th	58.5	41.5
12 th	73.4	26.6
Gender		
Female	47.0	53.0
Male	53.5	46.5
Race and ethnicity		
African American	65.4	34.6
White	40.1	59.9
Other	53.0	47.0

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

How old were you when you had sexual intercourse for the first time?

	Never had sex	11 years or younger	12 years	13 years	14 years	15 years	16 years	17 years or older
Overall sample	48.5	4.5	5.1	7.3	11.1	11.5	7.9	4.1
Grade level								
9 th	65.1	4.8	7.3	9.3	10.2	2.9	0.5	0.0
10 th	52.0	4.6	4.6	6.2	12.2	15.0	5.1	0.2
11 th	40.9	3.6	3.9	6.7	12.0	17.0	13.4	2.5
12 th	25.4	4.9	3.8	6.8	9.5	12.5	17.4	19.7
Gender								
Female	52.1	2.2	3.6	5.9	11.6	12.4	7.8	4.4
Male	45.2	6.5	6.3	8.7	10.8	10.8	7.9	3.9
Race and ethnicity								
African American	33.8	7.1	11.4	10.5	18.3	11.0	5.8	2.2
White	58.9	2.2	1.5	4.6	6.5	10.4	10.2	5.6
Other	45.8	5.5	3.9	9.1	11.0	15.3	5.5	3.9

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During your life, with how many people have you had sexual intercourse?

	Never had sex	1 person	2 people	3 people	4 people	5 people	6+ people
Overall sample	48.9	18.7	9.3	7.0	4.2	3.8	8.1
Grade level							
9 th	65.4	14.6	6.5	3.4	3.2	2.4	4.5
10 th	51.9	19.3	10.4	6.7	3.8	2.7	5.3
11 th	41.4	16.7	13.7	8.6	4.8	4.0	10.8
12 th	26.2	27.6	6.2	10.9	5.8	8.0	15.3
Gender							
Female	52.3	21.3	9.2	5.9	3.4	2.9	4.9
Male	45.7	16.2	9.4	7.9	4.8	4.7	11.2
Race and ethnicity							
African American	34.3	18.2	11.6	9.8	8.0	6.5	11.6
White	59.6	18.6	8.6	4.3	1.8	2.4	4.6
Other	45.8	20.0	7.7	8.3	4.3	3.1	10.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 3 months, with how many people did you have sexual intercourse?

	Never Had Sex	No sex in past 3 months	1 person	2 people	3 people	4 people	5 people	6+ people
Overall sample	49.0	17.0	24.2	5.4	2.0	0.7	0.5	1.3
Grade level								
9 th	66.2	12.6	15.5	3.3	1.3	0.2	0.7	0.2
10 th	51.9	18.2	21.7	4.9	1.6	0.2	0.2	1.3
11 th	40.9	19.4	27.7	5.6	2.4	1.1	0.8	2.2
12 th	25.9	19.0	38.3	9.5	3.3	1.8	0.4	1.8
Gender								
Female	52.9	14.0	27.3	4.1	0.9	0.4	0.1	0.3
Male	45.4	19.6	21.3	6.6	3.0	1.0	0.9	2.2
Race and ethnicity								
African American	34.1	20.8	30.6	8.3	3.3	0.4	0.8	1.7
White	59.2	14.1	21.1	2.7	0.8	0.7	0.3	1.1
Other	46.7	18.3	22.0	7.4	2.8	0.9	0.6	1.2

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Did you drink alcohol or use drugs before you had sexual intercourse the last time?

	Never had sexual intercourse	Yes	No
Overall sample	48.6	9.6	41.8
Grade level			
9 th	64.4	7.3	28.3
10 th	51.8	5.8	42.4
11 th	41.5	13.2	45.3
12 th	25.9	14.6	59.5
Gender			
Female	51.7	7.0	41.2
Male	45.6	12.0	42.4
Race and ethnicity			
African American	33.6	8.4	58.0
White	59.5	9.7	30.7
Other	45.5	10.9	43.6

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

The last time you had sexual intercourse, did you or your partner use a condom?

	Never had sexual intercourse	Yes	No
Overall sample	49.2	31.8	19.0
Grade level			
9 th	65.9	22.4	11.6
10 th	51.4	31.3	17.3
11 th	41.5	35.3	23.2
12 th	26.9	43.9	29.2
Gender			
Female	52.9	26.9	20.2
Male	45.6	36.6	17.8
Race and ethnicity			
African American	35.0	41.7	23.3
White	59.6	25.5	14.9
Other	45.9	31.6	22.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

The last time you had sexual intercourse, how old was your partner?

	Never Had Sex	5+ years younger	3-4 years younger	About the same age	3-4 years older	5+ years older	Not sure
Overall sample	48.1	1.3	2.0	38.8	7.4	1.2	1.2
Grade level							
9 th	64.2	1.5	1.5	23.2	7.2	1.1	1.3
10 th	51.2	0.7	1.6	37.7	5.8	1.3	1.8
11 th	41.1	1.6	1.6	44.5	9.6	0.5	1.1
12 th	25.4	1.4	4.0	59.8	6.9	2.2	0.4
Gender							
Female	52.3	0.5	1.2	32.7	11.1	2.0	0.1
Male	44.3	1.8	2.7	44.6	3.9	0.5	2.2
Race and ethnicity							
African American	33.2	1.6	3.3	48.5	11.0	1.0	1.4
White	59.1	0.8	1.1	32.6	4.2	1.3	0.9
Other	44.8	1.8	2.5	39.0	9.2	1.2	1.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

When you have questions about sexually transmitted diseases (STD), HIV, AIDS, or pregnancy prevention, with whom do you usually talk?

	Do not have questions	Parent or other adult family member	Teacher or other adult in school	Religious leader	Doctor or nurse	Other adult	Friend or sibling	Some other person
Overall sample	45.3	22.4	3.4	0.7	10.0	1.0	13.7	3.5
Grade level								
9 th	47.1	27.2	3.0	0.6	4.7	1.3	13.1	3.0
10 th	45.8	21.7	4.2	1.1	8.6	0.7	14.2	3.8
11 th	42.4	22.2	3.2	0.3	13.5	1.1	13.0	4.3
12 th	45.1	16.1	3.3	0.4	16.1	1.1	15.0	2.9
Gender								
Female	35.7	25.2	2.9	0.4	12.0	1.3	18.4	4.0
Male	54.2	19.8	3.9	1.0	8.1	0.7	9.2	3.1
Race and ethnicity								
African American	32.1	31.7	4.3	0.8	14.6	1.2	12.1	3.1
White	56.7	15.4	2.3	0.5	8.4	0.9	13.0	2.7
Other	37.9	25.2	4.3	0.9	6.8	0.9	17.7	6.2

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Suicide-Related Attitudes and Behaviors

The 2009 YRBS includes five items that address suicide-related attitudes and behaviors. Results for this item set are presented in two formats. First, a results summary table presents prevalence rates for four of the five items. Second, full response distributions are presented for each item. Both the summary table and the response distribution tables show results by demographic groups, grade levels, and the overall sample.

Results Summary – Suicide-Related Attitudes and Behaviors

	<u>Female</u>	<u>Male</u>	<u>9th</u>	<u>10th</u>	<u>11th</u>	<u>12th</u>	<u>All</u>
Feelings of sadness or hopelessness for two weeks or more in a row	30.4	19.5	23.9	26.0	24.0	24.9	24.8
Seriously considered attempting suicide	16.6	11.5	12.0	16.6	12.9	14.7	14.0
Made a suicide plan	13.4	9.1	10.7	11.6	10.6	12.4	11.2
Attempted suicide	12.4	11.7	12.7	12.8	12.9	9.4	12.2

Note: Data points show the percentage of students reporting an attitude or behavior occurring within the past 12 months.

- Among the overall sample, 24.8% reported feeling sad or hopeless for two weeks or more in a row, 14.0% reported seriously considering attempting suicide, and 11.2% of students reported developing a suicide plan.
- Among the overall sample, 12.2% of students reported attempting suicide.
- Compared to male students, females reported substantially higher rates of suicide-related attitudes and behaviors.

During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

	Yes	No
Overall sample	24.8	75.2
Grade level		
9 th	23.9	76.1
10 th	26.0	74.0
11 th	24.0	76.0
12 th	24.9	75.1
Gender		
Female	30.4	69.6
Male	19.5	80.5
Race and ethnicity		
African American	25.8	74.2
White	22.0	78.0
Other	29.0	71.0

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

When you feel sad, empty, hopeless, angry, or anxious, with whom do you usually talk?

	I do not feel sad	Parent or other adult family member	Teacher or other adult in school	Religious leader	Doctor or nurse	Other adult	Friend or sibling	Some other person
Overall sample	21.7	17.4	1.3	2.1	0.5	0.4	48.3	8.2
Grade level								
9 th	24.4	19.3	1.3	1.3	0.0	0.6	46.5	6.6
10 th	20.6	18.2	0.7	2.5	0.2	0.7	48.7	8.5
11 th	19.4	15.9	1.6	1.6	0.5	0.3	51.5	9.2
12 th	22.1	15.1	1.8	2.6	1.8	0.0	47.6	8.9
Gender								
Female	10.2	15.4	0.5	1.7	0.8	0.3	63.0	8.2
Male	32.5	19.4	1.9	2.3	0.2	0.6	34.8	8.3
Race and ethnicity								
African American	21.8	19.9	2.1	2.5	0.6	0.4	46.0	6.8
White	21.1	16.5	0.8	1.6	0.7	0.4	50.7	8.2
Other	23.6	15.3	1.2	2.5	0.0	0.6	46.3	10.4

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 12 months, did you ever seriously consider attempting suicide?

	Yes	No
Overall sample	14.0	86.0
Grade level		
9 th	12.0	88.0
10 th	16.6	83.4
11 th	12.9	87.1
12 th	14.7	85.3
Gender		
Female	16.6	83.4
Male	11.5	88.5
Race and ethnicity		
African American	14.8	85.2
White	12.5	87.5
Other	15.7	84.3

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 12 months, did you make a plan about how you would attempt suicide?

	Yes	No
Overall sample	11.2	88.8
Grade level		
9 th	10.7	89.3
10 th	11.6	88.4
11 th	10.6	89.4
12 th	12.4	87.6
Gender		
Female	13.4	86.6
Male	9.1	90.9
Race and ethnicity		
African American	10.2	89.8
White	11.2	88.8
Other	12.5	87.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 12 months, how many times did you actually attempt suicide?

	0 times	1 time	2 or 3 times	4 or 5 times	6+ times
Overall sample	87.8	7.9	2.3	0.6	1.3
Grade level					
9 th	87.3	8.7	2.1	0.8	1.1
10 th	87.2	8.2	2.4	0.7	1.5
11 th	87.1	8.0	2.9	0.8	1.1
12 th	90.6	6.1	1.8	0.0	1.4
Gender					
Female	87.6	7.9	3.2	0.7	0.7
Male	88.3	7.8	1.6	0.6	1.7
Race and ethnicity					
African American	86.2	9.1	3.2	0.6	0.8
White	89.9	7.0	1.6	0.4	1.1
Other	86.0	7.9	2.7	0.9	2.4

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Body Weight and Dieting

The 2009 YRBS includes seven items that address body weight and dieting. Results for this item set are presented in two formats. First, a results summary table presents prevalence rates for the seven items. Second, full response distributions are presented for each item. Both the summary table and the response distribution tables show results by demographic groups, grade levels, and the overall sample.

Results Summary – Body Weight and Dieting

	<u>Female</u>	<u>Male</u>	<u>9th</u>	<u>10th</u>	<u>11th</u>	<u>12th</u>	<u>All</u>
Students describing themselves as either “slightly overweight” or “very overweight”	28.5	21.4	24.5	24.5	24.9	25.1	24.8
Trying to lose weight	57.0	29.7	45.2	41.4	41.7	42.6	42.9
Trying to gain weight	8.6	33.7	19.6	22.0	24.6	20.6	21.6
Exercised to lose or keep from gaining weight (past 30 days)	65.1	54.1	60.6	61.6	56.4	57.5	59.4
Dieted to lose or keep from gaining weight (past 30 days)	47.1	27.8	38.6	35.9	35.9	37.6	37.0
Used diet pills, powders, or liquids to lose or keep from gaining weight (past 30 days)	5.3	4.9	4.5	4.0	7.0	5.1	5.1
Vomited or used laxatives to lose or keep from gaining weight (past 30 days)	6.7	2.6	5.2	3.1	4.9	6.3	4.7
Skipped meals to lose weight (past 30 days)	26.5	13.8	18.6	19.2	21.6	20.7	19.9

Note: Data points show percentages. Data on weight loss and weight gain come from a single survey item.

- In WSFCS, 28.5% of female students and 21.4% of male students described themselves as either “slightly overweight” or “very overweight.”
- In WSFCS, 57.0% of female students and 29.7% of male students are trying to “lose weight,” while 8.6% of female students and 33.7% of male students are trying to “gain weight.”
- Exercise is the most common method of trying to lose or keep from gaining weight (59.4%), followed by dieting (37.0%).

How do you describe your weight?

	Very under-weight	Slightly under-weight	About the right weight	Slightly over-weight	Very over-weight
Overall sample	2.3	14.4	58.5	20.7	4.1
Grade level					
9 th	3.4	13.2	58.8	20.3	4.3
10 th	1.5	17.2	56.7	20.5	4.0
11 th	1.6	13.6	59.9	21.4	3.5
12 th	2.2	12.9	59.9	20.4	4.7
Gender					
Female	1.3	10.9	59.2	23.2	5.3
Male	3.2	17.5	58.0	18.3	3.1
Race and ethnicity					
African American	3.4	12.7	58.4	21.2	4.2
White	1.1	15.8	59.9	19.2	4.0
Other	3.1	13.8	55.0	23.9	4.3

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Which of the following are you trying to do about your weight?

	Lose weight	Gain weight	Stay the same weight	Not trying to do anything about my weight
Overall sample	42.9	21.6	20.3	15.3
Grade level				
9 th	45.2	19.6	20.0	15.1
10 th	41.4	22.0	18.5	18.1
11 th	41.7	24.6	19.5	14.2
12 th	42.6	20.6	24.2	12.6
Gender				
Female	57.0	8.6	21.8	12.7
Male	29.7	33.7	18.9	17.6
Race and ethnicity				
African American	40.6	28.9	20.0	10.5
White	41.0	17.3	21.9	19.8
Other	50.5	19.9	17.1	12.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, did you exercise to lose weight or to keep from gaining weight?

	Yes	No
Overall sample	59.4	40.6
Grade level		
9 th	60.6	39.4
10 th	61.6	38.4
11 th	56.4	43.6
12 th	57.5	42.5
Gender		
Female	65.1	34.9
Male	54.1	45.9
Race and ethnicity		
African American	49.7	50.3
White	64.7	35.3
Other	61.8	38.2

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?

	Yes	No
Overall sample	37.0	63.0
Grade level		
9 th	38.6	61.4
10 th	35.9	64.1
11 th	35.9	64.1
12 th	37.6	62.4
Gender		
Female	47.1	52.9
Male	27.8	72.2
Race and ethnicity		
African American	27.6	72.4
White	42.8	57.2
Other	38.2	61.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)

	Yes	No
Overall sample	5.1	94.9
Grade level		
9 th	4.5	95.5
10 th	4.0	96.0
11 th	7.0	93.0
12 th	5.1	94.9
Gender		
Female	5.3	94.7
Male	4.9	95.1
Race and ethnicity		
African American	4.7	95.3
White	5.2	94.8
Other	5.2	94.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	Yes	No
Overall sample	4.7	95.3
Grade level		
9 th	5.2	94.8
10 th	3.1	96.9
11 th	4.9	95.1
12 th	6.3	93.8
Gender		
Female	6.7	93.3
Male	2.6	97.4
Race and ethnicity		
African American	5.1	94.9
White	4.3	95.7
Other	5.0	95.0

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 30 days, did you skip meals to lose weight or keep from gaining weight?

	Yes	No
Overall sample	19.9	80.1
Grade level		
9 th	18.6	81.4
10 th	19.2	80.8
11 th	21.6	78.4
12 th	20.7	79.3
Gender		
Female	26.5	73.5
Male	13.8	86.3
Race and ethnicity		
African American	18.5	81.5
White	18.9	81.1
Other	24.5	75.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Nutrition

The 2009 YRBS includes 11 items that address nutrition. Results for this item set are presented in two formats. First, a results summary table presents averages for the 11 items. Second, full response distributions are presented for each item. Both the summary table and the response distribution tables show results by demographic groups, grade levels, and the overall sample.

Results Summary – Nutrition

	Female	Male	9th	10th	11th	12th	All
100% juice	1.0	1.1	1.0	1.1	1.0	1.1	1.0
Fruit	1.0	1.0	1.0	1.0	1.0	1.0	1.0
Green salad	0.5	0.6	0.6	0.6	0.6	0.5	0.6
Potatoes	0.4	0.5	0.5	0.5	0.5	0.5	0.5
Carrots	0.5	0.6	0.6	0.5	0.6	0.4	0.6
Other vegetables	0.8	0.8	0.8	0.8	0.9	0.7	0.8
Soda or pop	1.1	1.2	1.1	1.1	1.1	1.1	1.1
Other sweetened beverages	1.2	1.4	1.3	1.3	1.3	1.2	1.3
5+ fruits and vegetables per day	8.1	11.3	10.1	8.9	11.1	8.4	9.7
5+ sweetened beverages per day	8.2	10.1	9.1	10.4	9.1	7.0	9.2
Breakfast	4.3	4.4	4.4	4.5	4.2	4.0	4.3
Dinner at home with family	4.3	4.5	4.9	4.6	4.1	4.0	4.4
"Most of the time" or "always" choose foods low in fat, sugar, or calories when eating out	14.9	9.3	12.0	11.9	10.4	14.3	12.0

Note: First eight data rows show the average number of drinks or servings per day over the past seven days. The 9th and 10th data rows show the percentage of respondents reporting the consumption of five or more servings or drinks per day over the past seven days. The 11th and 12th data rows show the average number of meals over the past seven days. The last data row shows the percentage of respondents who reported that behavior.

- On average, WSFCS students drank 100% fruit juice 1.0 time per day, soda 1.1 times per day, and other sweetened beverages 1.3 times per day.
- On average, WSFCS students ate fruit 1.0 time per day, green salad 0.6 times per day, potatoes 0.5 times per day, carrots 0.6 times per day, and other vegetables 0.8 times per day.

- Across the overall sample, 9.7% of surveyed students reported eating five or more fruits and vegetables per day over the past seven days, and 9.2% reported drinking five or more sweetened beverages (soda, pop, or other sweetened beverages) per day over the past seven days.
- In the past week, surveyed students reported eating breakfast an average of 4.3 times and having dinner at home with their family an average of 4.4 times.

During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

	Did not drink juice	1 to 3 times	4 to 6 times	1 time per day	2 times per day	3 times per day	4+ times per day
Overall sample	19.2	37.8	16.7	8.2	8.9	4.1	5.2
Grade level							
9 th	22.4	37.2	16.7	7.1	9.2	3.0	4.5
10 th	19.6	35.5	17.4	9.5	7.5	4.4	6.2
11 th	16.6	41.7	14.7	8.6	9.1	4.5	4.8
12 th	17.0	37.2	17.7	7.2	10.5	5.1	5.4
Gender							
Female	19.5	40.4	15.0	8.4	8.4	2.9	5.3
Male	19.0	35.3	18.1	8.0	9.3	5.3	5.1
Race and ethnicity							
African American	17.6	35.7	16.8	6.1	8.9	5.3	9.5
White	20.1	40.2	15.5	10.3	9.0	2.7	2.1
Other	19.3	36.2	18.4	6.7	8.0	5.8	5.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)

	Did not eat fruit	1 to 3 times	4 to 6 times	1 time per day	2 times per day	3 times per day	4+ times per day
Overall sample	15.6	35.8	18.3	12.0	10.7	3.6	4.0
Grade level							
9 th	17.8	36.8	15.9	12.7	9.2	3.9	3.7
10 th	15.2	34.4	20.0	10.6	10.8	5.3	3.7
11 th	16.2	36.9	17.3	11.6	10.8	2.7	4.6
12 th	12.3	34.3	20.6	13.7	13.0	1.8	4.3
Gender							
Female	16.0	35.1	17.7	11.8	12.6	3.4	3.4
Male	15.4	36.4	18.6	12.3	9.0	3.8	4.6
Race and ethnicity							
African American	24.6	39.3	13.8	7.3	7.7	2.0	5.1
White	11.3	33.2	21.1	14.1	12.8	4.0	3.4
Other	12.0	36.9	17.5	14.5	10.2	5.2	3.7

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 7 days, how many times did you eat green salad?

	Did not eat green salad	1 to 3 times	4 to 6 times	1 time per day	2 times per day	3 times per day	4+ times per day
Overall sample	42.6	39.5	9.8	5.3	0.9	0.7	1.3
Grade level							
9 th	47.5	36.7	8.3	5.1	1.1	0.6	0.8
10 th	46.2	37.1	9.5	4.4	1.1	0.2	1.5
11 th	39.4	42.4	8.6	6.4	0.5	1.3	1.3
12 th	32.6	44.4	14.7	5.7	0.7	0.7	1.1
Gender							
Female	38.2	44.9	9.5	5.0	1.2	0.5	0.7
Male	46.6	34.5	10.0	5.6	0.6	0.9	1.8
Race and ethnicity							
African American	53.4	33.9	5.2	4.4	0.4	1.2	1.4
White	34.5	44.1	13.0	6.4	0.8	0.5	0.7
Other	45.0	36.8	9.7	4.3	1.8	0.3	2.1

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)

	Did not eat potatoes	1 to 3 times	4 to 6 times	1 time per day	2 times per day	3 times per day	4+ times per day
Overall sample	34.8	50.0	9.5	3.0	1.4	0.3	1.1
Grade level							
9 th	38.3	46.4	9.6	3.4	1.3	0.2	0.9
10 th	37.6	49.7	8.1	1.5	1.5	0.2	1.3
11 th	30.3	54.2	8.6	3.5	1.6	0.5	1.3
12 th	30.5	50.9	12.9	4.3	1.1	0.0	0.4
Gender							
Female	37.2	50.2	8.7	2.0	1.1	0.3	0.7
Male	32.6	49.8	10.3	4.0	1.6	0.2	1.5
Race and ethnicity							
African American	40.9	43.7	7.7	4.9	1.4	0.6	0.8
White	28.3	57.2	10.5	1.9	1.2	0.1	0.8
Other	40.4	43.2	10.0	2.7	1.8	0.0	1.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 7 days, how many times did you eat carrots?

	Did not eat carrots	1 to 3 times	4 to 6 times	1 time per day	2 times per day	3 times per day	4+ times per day
Overall sample	58.3	30.8	6.2	2.2	0.9	0.6	1.1
Grade level							
9 th	59.7	28.4	6.8	2.1	0.9	0.9	1.3
10 th	57.6	32.5	6.4	1.3	0.9	0.2	1.1
11 th	58.2	31.1	4.0	3.2	1.1	1.1	1.3
12 th	57.4	31.8	7.9	2.2	0.7	0.0	0.0
Gender							
Female	60.3	31.8	4.2	2.4	0.8	0.1	0.4
Male	56.7	29.9	8.0	2.0	0.9	1.0	1.7
Race and ethnicity							
African American	74.6	17.6	4.1	1.6	0.8	0.4	0.8
White	48.8	38.3	7.5	2.9	1.2	0.4	0.8
Other	55.7	33.0	6.7	1.2	0.3	1.2	1.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)

	Did not eat other vegetables	1 to 3 times	4 to 6 times	1 time per day	2 times per day	3 times per day	4+ times per day
Overall sample	16.3	35.7	22.9	14.4	7.1	1.2	2.3
Grade level							
9 th	21.8	33.5	21.2	12.5	7.8	0.6	2.5
10 th	14.1	35.9	25.3	15.0	6.2	1.1	2.4
11 th	14.7	36.0	21.1	15.2	8.0	2.1	2.9
12 th	12.9	38.0	24.7	16.1	6.5	0.7	1.1
Gender							
Female	16.1	35.4	22.5	15.1	8.6	1.1	1.3
Male	16.5	35.9	23.2	13.9	5.8	1.3	3.3
Race and ethnicity							
African American	21.6	35.1	22.8	12.1	5.2	0.4	2.8
White	12.2	33.6	24.9	17.4	7.9	1.9	2.1
Other	17.3	40.7	19.1	11.9	8.2	0.9	1.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)

	Did not drink soda	1 to 3 times	4 to 6 times	1 time per day	2 times per day	3 times per day	4+ times per day
Overall sample	19.6	35.9	15.9	8.8	8.1	4.4	7.3
Grade level							
9 th	20.0	35.9	16.8	8.1	6.6	4.9	7.9
10 th	17.6	35.8	15.8	8.8	10.1	4.4	7.5
11 th	20.1	36.6	15.8	8.8	7.8	4.3	6.7
12 th	21.6	34.9	14.7	10.1	7.9	4.0	6.8
Gender							
Female	24.0	36.1	15.0	7.9	6.6	4.0	6.5
Male	15.6	35.9	16.4	9.6	9.5	4.9	8.0
Race and ethnicity							
African American	19.0	35.4	17.0	5.9	8.1	5.7	9.1
White	20.6	35.9	13.9	10.7	9.0	4.0	5.8
Other	18.2	36.4	18.8	9.1	6.4	3.6	7.6

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 7 days, how many times did you drink a can, bottle, or glass of any other sweetened beverage? (Include sweet tea, punch, Kool-Aid, fruit-flavored drinks, energy drinks, and sports drinks. Do not include diet or sugar-free drinks.)

	Did not drink sweetened beverages	1 to 3 times	4 to 6 times	1 time per day	2 times per day	3 times per day	4+ times per day
Overall sample	13.9	30.6	19.9	10.6	8.4	5.4	11.2
Grade level							
9 th	14.2	29.4	20.6	10.5	8.4	4.3	12.7
10 th	11.3	31.8	20.0	10.4	7.8	7.3	11.3
11 th	13.6	32.0	18.2	10.8	9.2	4.6	11.7
12 th	17.9	28.8	21.5	10.6	8.4	5.1	7.7
Gender							
Female	14.5	31.7	20.0	11.3	7.4	5.0	10.1
Male	13.4	29.6	19.7	10.0	9.3	5.7	12.3
Race and ethnicity							
African American	9.8	24.1	23.1	7.4	9.2	5.7	20.7
White	15.4	32.8	18.8	13.3	8.7	5.0	6.0
Other	16.0	35.7	17.5	9.8	6.5	5.8	8.6

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 7 days, on how many days did you eat breakfast?

	0 days	1 day	2 days	3 days	4 days	5 days	6 days	7 days
Overall sample	11.7	9.2	9.7	8.5	8.2	8.0	6.5	38.2
Grade level								
9 th	11.1	9.4	9.4	9.4	7.2	7.0	5.7	40.9
10 th	10.0	6.9	8.8	9.7	8.4	9.3	8.2	38.7
11 th	12.8	9.3	9.9	7.2	10.7	6.9	6.7	36.5
12 th	14.3	12.5	11.5	6.8	6.1	9.3	4.3	35.1
Gender								
Female	10.7	9.4	9.9	8.4	10.7	9.8	6.2	35.0
Male	12.5	8.9	9.6	8.5	5.8	6.5	6.8	41.3
Race and ethnicity								
African American	14.0	10.5	12.8	9.9	9.1	9.3	5.5	28.9
White	9.4	7.5	8.2	7.0	7.5	7.1	7.0	46.2
Other	13.0	10.0	8.8	10.0	8.5	8.5	7.3	33.9

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

During the past 7 days, on how many days did you eat dinner at home with your family?

	0 days	1 day	2 days	3 days	4 days	5 days	6 days	7 days
Overall sample	10.4	6.8	8.2	8.3	10.9	13.7	9.2	32.6
Grade level								
9 th	9.8	4.7	6.8	5.5	8.9	11.7	8.9	43.6
10 th	8.6	8.1	6.8	7.5	10.6	13.7	11.5	33.3
11 th	12.3	6.7	10.9	9.3	12.8	14.9	7.7	25.3
12 th	11.5	8.3	9.4	12.9	12.6	15.1	7.9	22.3
Gender								
Female	10.4	6.6	8.6	9.9	12.6	12.9	8.7	30.4
Male	10.4	7.0	7.8	7.0	9.4	14.4	9.5	34.6
Race and ethnicity								
African American	10.5	8.7	9.9	8.1	8.9	9.3	6.3	38.5
White	7.1	7.0	7.1	9.9	14.5	17.6	12.1	24.6
Other	17.3	3.6	7.9	4.9	6.4	11.2	7.3	41.3

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

When you eat out, how often do you choose foods that are low in fat, sugar, or calories, compared to the other foods available at that restaurant?

	Never	Rarely	Sometimes	Most of the time	Always
Overall sample	34.8	26.9	26.2	9.8	2.2
Grade level					
9 th	35.4	28.0	24.6	9.3	2.6
10 th	37.8	25.9	24.3	10.4	1.5
11 th	33.0	29.4	27.2	7.9	2.5
12 th	31.9	23.1	30.8	11.7	2.6
Gender					
Female	27.5	27.5	30.1	12.2	2.8
Male	41.8	26.4	22.5	7.5	1.8
Race and ethnicity					
African American	43.1	30.0	20.9	5.3	0.6
White	29.5	24.6	30.7	12.2	3.0
Other	35.2	27.2	23.8	10.8	3.1

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Physical Activity and Health

The 2009 YRBS includes 15 items that address physical activity and health. Results for this item set are presented in two formats. First, two results summary tables present prevalence rates and averages for all 15 items. Second, full response distributions are presented for all items except height and weight. Both the summary tables and the response distribution tables show results by demographic groups, grade levels, and the overall sample.

Results Summary – Physical Activity							
	Female	Male	9th	10th	11th	12th	All
Number of days over past week that students were physically active (60 minutes or more)	3.3	4.4	3.9	4.3	3.6	3.5	3.9
Number of hours of TV on a school day	2.1	2.1	2.3	2.1	2.1	1.9	2.1
Number of hours of video games and recreational computer use on a school day	1.3	1.7	1.7	1.5	1.4	1.3	1.5
Number of hours of TV, video games, and recreational computer use on an average Saturday or Sunday	2.7	2.8	2.9	2.8	2.7	2.5	2.8

Note: All data rows show averages.

- Over the past week, WSFCS students reported an average of 3.9 days in which they were physically active for at least 60 minutes.
- On school days, WSFCS students reported an average of 2.1 hours of television use and 1.5 hours of video game and recreational computer use.
- On weekends, WSFCS students reported an average of 2.8 hours of TV, video game, and recreational computer use per day.

Results Summary – Physical and Mental Health

	Male	Female	9th	10th	11th	12th	All
"Most of the time" or "always" wear sunscreen with SPF 15 or higher	9.6	7.2	9.2	7.7	8.9	7.2	8.4
Hours of sleep on a school night	6.8	7.0	7.1	7.0	6.8	6.7	6.9
Seen a doctor or nurse for a check-up or physical exam in the past 12 months	66.5	63.7	63.8	67.0	64.0	65.1	65.0
Seen a dentist in the past 12 months	67.2	68.8	67.7	68.0	67.1	71.0	68.1
Height in inches	64	70	66	67	68	68	67
Weight in pounds	134	162	140	146	152	161	148
Body mass index in the 85 th to 94 th percentile	15.1	13.7	17.5	13.6	12.0	13.4	14.4
Body mass index in the 95 th to 100 th percentile	9.0	14.5	11.4	12.0	11.5	12.2	11.8
Told by doctor or nurse that they have asthma	20.0	23.2	21.9	24.4	17.5	21.7	21.6
Still have asthma	44.8	41.3	43.8	44.2	40.0	42.7	42.8
Tested for HIV	14.5	11.6	9.5	10.4	17.2	17.3	13.0
Feel alone in life – "strongly agree" or "agree"	19.0	18.8	19.7	19.2	16.7	20.6	18.9
Feel good about yourself – "strongly agree" or "agree"	72.9	80.4	76.7	77.4	77.4	75.5	76.8

Note: Hours of sleep, height, and weight are presented as averages. All other data rows show percentages.

- Within the past 12 months, 65.0% of WSFCS students have been to a doctor or nurse for a check-up or physical exam and 68.1% have seen a dentist.
- Across the overall sample, 14.4% reported height and weight that yield a body mass index in the 85th to 94th percentile, and 11.8% reported height and weight that yield a body mass index in the 95th to 100th percentile.
- In WSFCS, 21.6% of students have been told by a doctor or nurse that they have asthma.
- In WSFCS, 13.0% of students have been tested for HIV.

- Across the overall sample, 18.9% either "strongly agree" or "agree" that they feel alone in life. In contrast, 76.8% either "strongly agree" or "agree" that they feel good about themselves.

During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.)

	0 days	1 day	2 days	3 days	4 days	5 days	6 days	7 days
Overall sample	15.9	7.6	9.5	10.9	10.1	14.2	8.0	23.8
Grade level								
9 th	14.9	7.9	10.6	11.7	8.7	14.4	8.3	23.6
10 th	11.3	6.4	7.9	11.5	9.9	15.0	10.4	27.6
11 th	18.4	10.9	8.3	9.6	10.7	13.6	5.6	22.9
12 th	21.5	4.7	11.8	10.4	12.2	13.3	6.8	19.4
Gender								
Female	20.8	9.1	10.6	12.9	9.5	15.0	6.7	15.5
Male	11.4	6.1	8.5	8.9	10.7	13.6	9.2	31.6
Race and ethnicity								
African American	22.7	8.5	9.5	9.7	9.1	11.8	5.9	22.7
White	11.0	5.1	7.5	10.3	11.6	16.9	11.1	26.5
Other	16.7	11.8	14.5	13.3	7.6	12.1	3.9	20.0

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

On an average school day, how many hours do you watch TV?

	Do not watch	<1 hour per day	1 hour per day	2 hours per day	3 hours per day	4 hours per day	5+ hours per day
Overall sample	8.4	17.5	16.4	22.3	13.9	7.7	13.8
Grade level							
9 th	8.8	14.7	16.0	19.7	15.2	7.5	18.2
10 th	8.4	18.6	15.5	22.3	14.2	7.3	13.7
11 th	7.5	17.9	16.8	24.8	12.3	8.3	12.5
12 th	9.4	19.5	17.7	23.1	13.7	7.9	8.7
Gender							
Female	8.9	18.0	15.5	21.7	14.5	9.1	12.4
Male	8.1	16.9	17.4	22.8	13.3	6.4	15.2
Race and ethnicity							
African American	5.7	11.4	6.7	17.9	18.9	12.0	27.4
White	10.7	23.2	22.3	24.4	11.0	4.6	3.8
Other	7.3	13.7	18.0	23.2	13.1	8.2	16.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)

	No video games on a school day	<1 hour per day	1 hour per day	2 hours per day	3 hours per day	4 hours per day	5+ hours per day
Overall sample	19.1	24.6	17.8	15.8	10.0	4.5	8.1
Grade level							
9 th	16.1	24.2	16.9	17.3	10.3	4.5	10.7
10 th	17.5	26.4	18.2	14.2	10.2	4.7	8.9
11 th	22.6	22.8	16.9	16.7	9.7	4.8	6.5
12 th	22.0	24.5	20.2	15.2	9.4	3.6	5.1
Gender							
Female	24.1	24.4	18.3	15.4	8.9	3.3	5.6
Male	14.5	24.7	17.4	16.2	11.1	5.5	10.6
Race and ethnicity							
African American	25.1	21.2	14.1	14.5	10.8	3.5	10.8
White	13.8	29.4	20.7	16.1	9.5	4.6	5.8
Other	21.8	19.1	17.2	16.9	9.8	5.8	9.2

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

On an average Saturday or Sunday, how many hours do you watch TV, play video games, or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)

	No TV or video games on Sat or Sun	<1 hour per day	1 hour per day	2 hours per day	3 hours per day	4 hours per day	5+ hours per day
Overall sample	6.5	10.4	11.5	17.8	17.2	12.0	24.7
Grade level							
9 th	8.3	6.4	9.6	16.4	19.6	10.0	29.6
10 th	4.8	10.4	11.7	18.9	14.3	13.2	26.7
11 th	6.4	12.6	11.5	17.4	16.0	13.6	22.5
12 th	6.5	13.3	14.0	19.1	19.1	11.2	16.9
Gender							
Female	6.2	10.3	12.7	18.4	16.9	12.3	23.2
Male	6.8	10.4	10.2	17.3	17.3	11.7	26.2
Race and ethnicity							
African American	10.3	8.9	7.5	11.3	14.5	12.1	35.4
White	4.0	10.1	14.5	22.3	19.9	12.2	16.9
Other	6.4	12.8	10.7	17.1	15.2	11.3	26.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

When you are outside for more than one hour on a sunny day, how often do you wear sunscreen with an SPF of 15 or higher?

	Never	Rarely	Sometimes	Most of the time	Always
Overall sample	54.9	23.4	13.3	6.0	2.4
Grade level					
9 th	55.6	21.4	13.9	7.1	2.1
10 th	53.3	24.6	14.4	5.3	2.4
11 th	57.4	23.7	10.0	6.2	2.7
12 th	53.4	24.4	15.1	4.7	2.5
Gender					
Female	48.2	26.2	16.0	7.5	2.1
Male	61.2	20.9	10.7	4.5	2.7
Race and ethnicity					
African American	72.2	14.0	8.5	3.5	1.8
White	41.5	30.2	17.1	8.3	2.8
Other	60.1	21.8	11.7	4.3	2.1

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

On an average school night, how many hours of sleep do you get?

	4 or less hours	5 hours	6 hours	7 hours	8 hours	9 hours	10+ hours
Overall sample	5.6	9.5	19.6	31.1	24.4	7.4	2.4
Grade level							
9 th	5.3	10.2	16.0	26.9	27.7	10.0	3.8
10 th	4.4	8.4	19.9	34.3	21.9	8.4	2.7
11 th	6.7	9.7	21.6	31.8	23.5	4.9	1.9
12 th	6.5	9.8	21.7	32.6	24.3	4.7	0.4
Gender							
Female	5.2	11.3	19.9	31.7	23.3	7.0	1.7
Male	5.9	8.0	19.4	30.6	25.4	7.7	3.1
Race and ethnicity							
African American	7.2	11.5	20.5	26.2	24.2	8.0	2.5
White	4.3	8.7	18.5	34.0	25.5	7.0	2.0
Other	5.8	8.3	20.8	31.8	22.6	7.6	3.1

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

When was the last time you saw a doctor or nurse for a check-up or a physical exam when you were not sick or injured?

	During past 12 months	12-24 months	More than 24 months	Never	Not sure
Overall sample	65.0	13.7	6.3	4.8	10.2
Grade level					
9 th	63.8	12.7	6.1	4.8	12.7
10 th	67.0	10.6	4.9	6.1	11.5
11 th	64.0	15.9	8.9	4.3	7.0
12 th	65.1	17.6	5.5	3.3	8.5
Gender					
Female	66.5	12.6	5.5	4.8	10.6
Male	63.7	14.6	7.0	4.7	10.0
Race and ethnicity					
African American	63.3	14.0	6.5	3.5	12.7
White	72.6	12.7	4.5	2.7	7.6
Other	50.2	15.6	10.3	11.5	12.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

	During past 12 months	12-24 months	More than 24 months	Never	Not sure
Overall sample	68.1	12.6	8.7	2.9	7.7
Grade level					
9 th	67.7	12.3	7.7	2.6	9.8
10 th	68.0	10.8	9.7	3.3	8.2
11 th	67.1	15.0	9.4	2.7	5.9
12 th	71.0	12.5	7.5	3.2	5.7
Gender					
Female	67.2	13.8	8.2	3.2	7.6
Male	68.8	11.5	9.2	2.7	7.8
Race and ethnicity					
African American	56.2	17.6	11.3	2.8	12.1
White	83.1	7.4	4.4	1.1	4.0
Other	52.7	17.4	14.3	7.3	8.2

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Have you ever been tested for HIV, the virus that causes AIDS? (Do not count tests done if you donated blood.)

	Yes	No	Not sure
Overall sample	13.0	79.7	7.3
Grade level			
9 th	9.5	81.7	8.8
10 th	10.4	83.4	6.2
11 th	17.2	75.5	7.3
12 th	17.3	76.5	6.3
Gender			
Female	14.5	79.8	5.7
Male	11.6	79.6	8.8
Race and ethnicity			
African American	20.7	72.7	6.6
White	8.7	83.9	7.4
Other	11.6	80.9	7.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Has a doctor or nurse ever told you that you have asthma?

	Yes	No	Not sure
Overall sample	21.6	74.9	3.4
Grade level			
9 th	21.9	74.5	3.6
10 th	24.4	73.6	2.0
11 th	17.5	77.4	5.1
12 th	21.7	75.7	2.5
Gender			
Female	20.0	77.1	2.9
Male	23.2	72.9	3.9
Race and ethnicity			
African American	24.2	72.3	3.5
White	21.0	76.0	3.0
Other	19.7	76.0	4.3

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Do you still have asthma?

	Never had asthma	Yes	No	Not sure
Overall sample	64.8	15.0	13.2	6.9
Grade level				
9 th	68.7	13.7	9.9	7.7
10 th	63.9	15.9	13.5	6.6
11 th	63.4	14.6	15.4	6.5
12 th	62.9	15.8	15.1	6.1
Gender				
Female	68.5	14.1	10.2	7.3
Male	61.4	15.9	15.9	6.7
Race and ethnicity				
African American	65.7	15.2	10.9	8.2
White	65.2	14.4	13.6	6.9
Other	63.2	16.6	15.0	5.2

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Do you agree or disagree that you feel alone in your life?

	Strongly Agree	Agree	Not sure	Disagree	Strongly Disagree
Overall sample	6.4	12.6	13.9	33.4	33.8
Grade level					
9 th	6.2	13.5	14.8	29.1	36.4
10 th	7.3	11.9	14.4	35.8	30.5
11 th	6.7	9.9	11.8	39.0	32.5
12 th	4.7	15.9	14.1	29.6	35.7
Gender					
Female	5.8	13.2	13.5	34.9	32.6
Male	6.9	11.9	14.3	32.0	34.9
Race and ethnicity					
African American	6.5	14.6	13.8	32.7	32.3
White	5.2	12.0	12.4	36.0	34.4
Other	8.0	10.8	17.5	28.9	34.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Do you agree or disagree that you feel good about yourself?

	Strongly Agree	Agree	Not sure	Disagree	Strongly Disagree
Overall sample	36.4	40.4	13.2	6.3	3.7
Grade level					
9 th	39.3	37.4	12.6	5.8	4.9
10 th	34.7	42.7	11.5	7.1	4.0
11 th	34.4	43.0	15.1	4.8	2.7
12 th	36.3	39.2	14.7	7.2	2.5
Gender					
Female	31.9	41.0	15.2	8.2	3.8
Male	40.5	40.0	11.4	4.6	3.6
Race and ethnicity					
African American	51.0	30.1	11.0	4.9	3.0
White	26.4	48.7	13.2	8.1	3.6
Other	37.2	36.9	16.9	4.6	4.3

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Additional Tables

During the past 12 months, how would you describe your grades in school?

	Mostly A's	Mostly B's	Mostly C's	Mostly D's	Mostly F's	None of these	Not sure
Overall sample	23.7	37.2	24.9	5.7	3.0	0.8	4.8
Grade level							
9 th	32.1	30.3	20.3	6.2	4.1	0.6	6.4
10 th	23.0	38.2	24.1	6.4	3.8	1.1	3.5
11 th	18.8	38.1	29.5	5.6	1.6	0.8	5.6
12 th	17.8	45.7	27.9	3.6	1.8	0.4	2.9
Gender							
Female	27.1	39.9	22.5	4.6	2.0	0.7	3.3
Male	20.5	34.7	27.2	6.6	3.9	0.9	6.3
Race and ethnicity							
African American	13.2	32.7	35.7	7.5	4.3	0.8	5.9
White	33.6	39.4	18.0	3.6	1.9	0.7	2.7
Other	17.8	38.7	24.5	7.4	3.1	0.6	8.0

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

A disability can be physical, mental, emotional, or communication-related. Do you consider yourself to have a disability?

	Yes	No	Not sure
Overall sample	12.1	74.4	13.5
Grade level			
9 th	11.2	73.2	15.7
10 th	11.6	74.3	14.1
11 th	14.7	76.1	9.2
12 th	10.3	74.6	15.1
Gender			
Female	11.4	73.1	15.4
Male	12.6	75.7	11.7
Race and ethnicity			
African American	11.5	73.7	14.8
White	11.9	76.8	11.2
Other	13.0	71.1	15.8

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

On an average school day, how long after school are you alone without a parent or adult?

	Not alone	<1 hour per day	1-2 hours per day	3 hours per day	4 hours per day	5 hours per day	6+ hours per day
Overall sample	28.4	21.6	27.2	9.8	5.5	2.3	5.3
Grade level							
9 th	32.0	24.5	23.0	9.9	4.7	1.7	4.3
10 th	30.8	19.2	27.2	9.3	6.4	2.0	5.1
11 th	22.7	22.2	30.7	10.2	4.5	2.7	7.0
12 th	26.5	20.1	29.0	9.3	6.5	3.6	5.0
Gender							
Female	30.6	19.9	27.1	9.7	5.5	2.1	5.0
Male	26.4	23.1	27.1	9.7	5.5	2.6	5.5
Race and ethnicity							
African American	25.3	19.4	23.9	11.1	6.5	3.4	10.3
White	29.2	24.5	30.4	8.2	4.3	1.6	1.9
Other	31.1	18.5	24.9	11.1	6.5	2.5	5.5

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Do you agree or disagree that your teachers really care about you and give you a lot of encouragement?

	Strongly Agree	Agree	Not sure	Disagree	Strongly Disagree
Overall sample	13.2	38.8	25.9	14.8	7.2
Grade level					
9 th	16.0	36.5	25.6	14.3	7.7
10 th	13.5	38.4	26.3	14.8	7.1
11 th	11.5	40.5	24.9	16.6	6.4
12 th	10.8	41.4	27.3	13.7	6.8
Gender					
Female	10.9	39.6	25.5	16.6	7.5
Male	15.5	38.3	26.2	13.1	6.9
Race and ethnicity					
African American	16.4	33.8	25.7	16.0	8.1
White	11.1	43.2	24.6	15.0	6.0
Other	12.9	37.4	29.4	12.3	8.0

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Do you agree or disagree that drugs are a problem at your school?

	Strongly Agree	Agree	Not sure	Disagree	Strongly Disagree
Overall sample	20.9	27.3	30.1	15.8	5.9
Grade level					
9 th	20.9	23.9	32.2	15.8	7.2
10 th	23.8	27.1	29.7	15.0	4.4
11 th	19.1	30.1	30.4	14.5	5.9
12 th	18.1	30.0	27.1	18.8	6.1
Gender					
Female	21.1	30.3	29.8	14.2	4.6
Male	20.9	24.2	30.6	17.3	7.1
Race and ethnicity					
African American	24.6	25.3	30.9	15.2	4.0
White	17.3	30.3	28.2	18.1	6.2
Other	23.2	23.2	33.9	11.3	8.3

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Do you agree or disagree that gangs are a problem at your school?

	Strongly Agree	Agree	Not sure	Disagree	Strongly Disagree
Overall sample	16.1	15.8	30.3	24.4	13.4
Grade level					
9 th	18.8	15.1	34.8	21.6	9.7
10 th	16.7	15.1	30.0	25.8	12.4
11 th	15.5	18.5	26.6	24.7	14.7
12 th	11.3	13.9	28.1	27.0	19.7
Gender					
Female	15.3	17.0	31.3	23.6	12.9
Male	16.8	14.7	29.4	25.2	14.0
Race and ethnicity					
African American	21.6	18.8	28.0	21.6	9.9
White	11.0	12.7	31.8	28.3	16.1
Other	19.1	17.9	30.6	19.8	12.7

Note: Percentages total across each row. Rounding can produce totals that do not equal 100%.

Appendix A: Questionnaire

2009 NORTH CAROLINA YOUTH RISK BEHAVIOR SURVEY

This survey is about health behavior. It has been developed so you can tell us what you do that may affect your health. The information you give will be used to develop better health education for young people like yourself.

DO NOT write your name on this survey. The answers you give will be kept private. No one will know what you write. Answer the questions based on what you really do.

Completing the survey is voluntary. Whether or not you answer the questions will not affect your grade in this class. If you are not comfortable answering a question, just leave it blank.

The questions that ask about your background will be used only to describe the types of students completing this survey. The information will not be used to find out your name. No names will ever be reported.

Make sure to read every question. Fill in the circles completely. When you are finished, follow the instructions of the person giving you the survey.

Thank you very much for your help.

Directions

- o Use a #2 pencil only.
- o Make dark marks.
- o Fill in a response like this: A B ● D.
- o If you change your answer, erase your old answer completely.

1. How old are you?
 - A. 12 years old or younger
 - B. 13 years old
 - C. 14 years old
 - D. 15 years old
 - E. 16 years old
 - F. 17 years old
 - G. 18 years old or older

2. What is your sex?
 - A. Female
 - B. Male

3. In what grade are you?
 - A. 9th grade
 - B. 10th grade
 - C. 11th grade
 - D. 12th grade
 - E. Ungraded or other grade

4. Are you Hispanic or Latino?
 - A. Yes
 - B. No

5. What is your race? **(Select one or more responses.)**
 - A. American Indian or Alaska Native
 - B. Asian
 - C. Black or African American
 - D. Native Hawaiian or Other Pacific Islander
 - E. White

6. How tall are you without your shoes on?

Directions: Write your height in the shaded blank boxes on your answer sheet. Fill in the matching circles below each number.

Example

HEIGHT	
Feet	Inches
5	11
③	⑩
④	①
●	②
⑥	③
⑦	④
	⑤
	⑥
	⑦
	⑧
	⑨
	⑩
	●

7. How much do you weigh without your shoes on?

Directions: Write your weight in the shaded blank boxes on your answer sheet. Fill in the matching circles below each number.

Example

Weight		
Pounds		
1	5	3
●	⑩	⑩
②	①	①
③	②	②
	③	●
	④	④
	●	⑤
	⑥	⑥
	⑦	⑦
	⑧	⑧
	⑨	⑨

8. During the past 12 months, how would you describe your grades in school?
- A. Mostly A's
 - B. Mostly B's
 - C. Mostly C's
 - D. Mostly D's
 - E. Mostly F's
 - F. None of these grades
 - G. Not sure

The next 6 questions ask about personal safety.

9. **When you rode a bicycle** during the past 12 months, how often did you wear a helmet?
- A. I did not ride a bicycle during the past 12 months
 - B. Never wore a helmet
 - C. Rarely wore a helmet
 - D. Sometimes wore a helmet
 - E. Most of the time wore a helmet
 - F. Always wore a helmet
10. How often do you wear a seat belt when **riding in** a car driven by someone else?
- A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always
11. During the past 30 days, how many times did you **ride** in a car or other vehicle **driven by someone who had been recklessly speeding**?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times

12. During the past 30 days, how many times did you **ride** in a car or other vehicle **driven by someone who had been drinking alcohol**?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times
13. During the past 30 days, how many times did you **drive** a car or other vehicle **when you had been drinking alcohol**?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times
14. During the past 30 days, how many times did you **drive** a car or other vehicle **under the influence of drugs other than tobacco**?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times

The next 3 questions ask about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.

15. During the past 12 months, have you ever been bullied **on school property**?
- A. Yes
 - B. No

16. During the past 12 months, have you ever been **electronically bullied**, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging?
- A. Yes
 - B. No
17. Have you seen other students being bullied in your school?
- A. Yes
 - B. No
 - C. Not sure

The next 10 questions ask about violence-related behaviors.

18. During the past 30 days, on how many days did you carry **a weapon** such as a gun, knife, or club?
- A. 0 days
 - B. 1 day
 - C. 2 or 3 days
 - D. 4 or 5 days
 - E. 6 or more days
19. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club **on school property**?
- A. 0 days
 - B. 1 day
 - C. 2 or 3 days
 - D. 4 or 5 days
 - E. 6 or more days

20. During the past 30 days, on how many days did you **not** go to school because you felt you would be unsafe at school or on your way to or from school?
- A. 0 days
 - B. 1 day
 - C. 2 or 3 days
 - D. 4 or 5 days
 - E. 6 or more days
21. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club **on school property**?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times
22. During the past 12 months, how many times were you in a physical fight?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times

23. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times
24. During the past 12 months, how many times were you in a physical fight **on school property**?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times
25. During the past 12 months, how many times has someone stolen or deliberately damaged your property such as your car, clothing, or books **on school property**?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times
26. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?
- A. Yes
 - B. No

27. Have you ever been physically forced to have sexual intercourse when you did not want to?
- A. Yes
 - B. No

The next 5 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide, that is, taking some action to end their own life.

28. During the past 12 months, did you ever feel so sad or hopeless almost every day for **two weeks or more in a row** that you stopped doing some usual activities?
- A. Yes
 - B. No
29. When you feel sad, empty, hopeless, angry, or anxious, with whom do you **usually** talk?
- A. I do not feel sad, empty, hopeless, angry, or anxious
 - B. Parent or other adult family member
 - C. Teacher or other adult in this school
 - D. Religious leader
 - E. Doctor or nurse
 - F. Other adult
 - G. Friend or sibling
 - H. Some other person
30. During the past 12 months, did you ever **seriously** consider attempting suicide?
- A. Yes
 - B. No

31. During the past 12 months, did you make a plan about how you would attempt suicide?
 A. Yes
 B. No
32. During the past 12 months, how many times did you actually attempt suicide?
 A. 0 times
 B. 1 time
 C. 2 or 3 times
 D. 4 or 5 times
 E. 6 or more times

The next 3 questions ask about tobacco use.

33. How old were you when you smoked a whole cigarette for the first time?
 A. I have never smoked a whole cigarette
 B. 8 years old or younger
 C. 9 or 10 years old
 D. 11 or 12 years old
 E. 13 or 14 years old
 F. 15 or 16 years old
 G. 17 years old or older
34. During the past 30 days, on how many days did you smoke cigarettes?
 A. 0 days
 B. 1 or 2 days
 C. 3 to 5 days
 D. 6 to 9 days
 E. 10 to 19 days
 F. 20 to 29 days
 G. All 30 days
35. During the past 12 months, did you ever try **to quit** smoking cigarettes?
 A. I did not smoke during the past 12 months
 B. Yes
 C. No

The next 5 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

36. How old were you when you had your first drink of alcohol other than a few sips?
 A. I have never had a drink of alcohol other than a few sips
 B. 8 years old or younger
 C. 9 or 10 years old
 D. 11 or 12 years old
 E. 13 or 14 years old
 F. 15 or 16 years old
 G. 17 years old or older
37. During the past 30 days, on how many days did you have at least one drink of alcohol?
 A. 0 days
 B. 1 or 2 days
 C. 3 to 5 days
 D. 6 to 9 days
 E. 10 to 19 days
 F. 20 to 29 days
 G. All 30 days
38. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?
 A. 0 days
 B. 1 day
 C. 2 days
 D. 3 to 5 days
 E. 6 to 9 days
 F. 10 to 19 days
 G. 20 or more days

39. During the past 30 days, on how many days did you have at least one drink of alcohol **on school property**?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days
40. During the past 30 days, how did you **usually** get the alcohol you drank?
- A. I did not drink alcohol during the past 30 days
 - B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station
 - C. I bought it at a restaurant, bar, or club
 - D. I bought it at a public event such as a concert or sporting event
 - E. I gave someone else money to buy it for me
 - F. Someone gave it to me
 - G. I took it from a store or family member
 - H. I got it some other way

The next 4 questions ask about marijuana use. Marijuana also is called grass or pot.

41. During your life, how many times have you used marijuana?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 to 99 times
 - G. 100 or more times

42. How old were you when you tried marijuana for the first time?
- A. I have never tried marijuana
 - B. 8 years old or younger
 - C. 9 or 10 years old
 - D. 11 or 12 years old
 - E. 13 or 14 years old
 - F. 15 or 16 years old
 - G. 17 years old or older
43. During the past 30 days, how many times did you use marijuana?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
44. During the past 30 days, how many times did you use marijuana **on school property**?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times

The next 9 questions ask about other drugs.

45. During your life, how many times have you used **any** form of cocaine, including powder, crack, or freebase?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times

46. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
47. During your life, how many times have you used **heroin** (also called smack, junk, or China White)?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
48. During your life, how many times have you used **methamphetamines** (also called speed, crystal, crank, or ice)?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
49. During your life, how many times have you used **ecstasy** (also called MDMA)?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times

50. During your life, how many times have you taken **steroid pills or shots** without a doctor's prescription?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
51. During your life, how many times have you used a needle to inject any **illegal** drug into your body?
- A. 0 times
 - B. 1 time
 - C. 2 or more times
52. During your life, how many times have you taken a **prescription drug** (such as OxyContin, Percocet, Vicodin, Adderall, Ritalin, or Xanax) without a doctor's prescription?
- A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
53. During the past 12 months, has anyone offered, sold, or given you an illegal drug **on school property**?
- A. Yes
 - B. No

The next 8 questions ask about sexual behavior.

54. Have you ever had sexual intercourse?
- A. Yes
 - B. No

55. How old were you when you had sexual intercourse for the first time?
- A. I have never had sexual intercourse
 - B. 11 years old or younger
 - C. 12 years old
 - D. 13 years old
 - E. 14 years old
 - F. 15 years old
 - G. 16 years old
 - H. 17 years old or older
56. During your life, with how many people have you had sexual intercourse?
- A. I have never had sexual intercourse
 - B. 1 person
 - C. 2 people
 - D. 3 people
 - E. 4 people
 - F. 5 people
 - G. 6 or more people
57. During the past 3 months, with how many people did you have sexual intercourse?
- A. I have never had sexual intercourse
 - B. I have had sexual intercourse, but not during the past 3 months
 - C. 1 person
 - D. 2 people
 - E. 3 people
 - F. 4 people
 - G. 5 people
 - H. 6 or more people
58. Did you drink alcohol or use drugs before you had sexual intercourse the **last time**?
- A. I have never had sexual intercourse
 - B. Yes
 - C. No
59. The **last time** you had sexual intercourse, did you or your partner use a condom?
- A. I have never had sexual intercourse
 - B. Yes
 - C. No
60. The last time you had sexual intercourse, how old was your partner?
- A. I have never had sexual intercourse
 - B. 5 or more years younger
 - C. 3 to 4 years younger
 - D. About the same age
 - E. 3 to 4 years older
 - F. 5 or more years older
 - G. Not sure
61. When you have questions about sexually transmitted diseases (STD), HIV, AIDS, or pregnancy prevention, with whom do you **usually** talk?
- A. I do not have questions about sexually transmitted diseases (STD), HIV, AIDS, or pregnancy prevention
 - B. Parent or other adult family member
 - C. Teacher or other adult in this school
 - D. Religious leader
 - E. Doctor or nurse
 - F. Other adult
 - G. Friend or sibling
 - H. Some other person

The next 7 questions ask about body weight.

62. How do **you** describe your weight?
- A. Very underweight
 - B. Slightly underweight
 - C. About the right weight
 - D. Slightly overweight
 - E. Very overweight
63. Which of the following are you trying to do about your weight?
- A. **Lose** weight
 - B. **Gain** weight
 - C. **Stay** the same weight
 - D. I am not trying to do anything about my weight
64. During the past 30 days, did you **exercise** to lose weight or to keep from gaining weight?
- A. Yes
 - B. No
65. During the past 30 days, did you **eat less food, fewer calories, or foods low in fat** to lose weight or to keep from gaining weight?
- A. Yes
 - B. No
66. During the past 30 days, did you **take any diet pills, powders, or liquids** without a doctor's advice to lose weight or to keep from gaining weight? (Do **not** include meal replacement products such as Slim Fast.)
- A. Yes
 - B. No

67. During the past 30 days, did you **vomit or take laxatives** to lose weight or to keep from gaining weight?
- A. Yes
 - B. No
68. During the past 30 days, did you skip meals to lose weight or keep from gaining weight?
- A. Yes
 - B. No

The next 11 questions ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

69. During the past 7 days, how many times did you drink **100% fruit juices** such as orange juice, apple juice, or grape juice? (Do **not** count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)
- A. I did not drink 100% fruit juice during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day

70. During the past 7 days, how many times did you eat **fruit**? (Do **not** count fruit juice.)
- A. I did not eat fruit during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
71. During the past 7 days, how many times did you eat **green salad**?
- A. I did not eat green salad during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
72. During the past 7 days, how many times did you eat **potatoes**? (Do **not** count french fries, fried potatoes, or potato chips.)
- A. I did not eat potatoes during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day

73. During the past 7 days, how many times did you eat **carrots**?
- A. I did not eat carrots during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
74. During the past 7 days, how many times did you eat **other vegetables**? (Do **not** count green salad, potatoes, or carrots.)
- A. I did not eat other vegetables during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
75. During the past 7 days, how many times did you drink a **can, bottle, or glass of soda or pop**, such as Coke, Pepsi, or Sprite? (Do **not** include diet soda or diet pop.)
- A. I did not drink soda or pop during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day

76. During the past 7 days, how many times did you drink a can, bottle, or glass of any other sweetened beverage? (Include sweet tea, punch, Kool-Aid, fruit-flavored drinks, energy drinks, and sports drinks. Do **not** include diet or sugar-free drinks.)
- A. I did not drink other sweetened beverages during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
77. During the past 7 days, on how many days did you eat breakfast?
- A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 days
 - E. 4 days
 - F. 5 days
 - G. 6 days
 - H. 7 days
78. During the past 7 days, on how many days did you eat dinner at home with your family?
- A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 days
 - E. 4 days
 - F. 5 days
 - G. 6 days
 - H. 7 days

79. When you eat out, how often do you choose foods that are low in fat, sugar, or calories, compared to the other foods available at that restaurant?
- A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always

The next 4 questions ask about physical activity.

80. During the past 7 days, on how many days were you physically active for a total of **at least 60 minutes per day**? (Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.)
- A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 days
 - E. 4 days
 - F. 5 days
 - G. 6 days
 - H. 7 days
81. On an average school day, how many hours do you watch TV?
- A. I do not watch TV on an average school day
 - B. Less than 1 hour per day
 - C. 1 hour per day
 - D. 2 hours per day
 - E. 3 hours per day
 - F. 4 hours per day
 - G. 5 or more hours per day

82. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)
- A. I do not play video or computer games or use a computer for something that is not school work
 - B. Less than 1 hour per day
 - C. 1 hour per day
 - D. 2 hours per day
 - E. 3 hours per day
 - F. 4 hours per day
 - G. 5 or more hours per day
83. On an average Saturday or Sunday, how many hours do you watch TV, play video games, or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)
- A. I do not watch TV, play video games, or use a computer on an average Saturday or Sunday
 - B. Less than 1 hour per day
 - C. 1 hour per day
 - D. 2 hours per day
 - E. 3 hours per day
 - F. 4 hours per day
 - G. 5 or more hours per day

The next question asks about sun safety.

84. When you are outside for more than one hour on a sunny day, how often do you wear sunscreen with an SPF of 15 or higher?
- A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always

The next question asks about sleep.

85. On an average school night, how many hours of sleep do you get?
- A. 4 or less hours
 - B. 5 hours
 - C. 6 hours
 - D. 7 hours
 - E. 8 hours
 - F. 9 hours
 - G. 10 or more hours

The next 7 questions ask about other health-related topics.

86. A disability can be physical, mental, emotional, or communication-related. Do you consider yourself to have a disability?
- A. Yes
 - B. No
 - C. Not sure
87. On an average school day, how long after school are you alone without a parent or adult?
- A. I am not alone after school
 - B. Less than 1 hour per day
 - C. 1 or 2 hours per day
 - D. 3 hours per day
 - E. 4 hours per day
 - F. 5 hours per day
 - G. 6 or more hours per day

88. When was the last time you saw a doctor or nurse for a check-up or physical exam when you were not sick or injured?
- A. During the past 12 months
 - B. Between 12 and 24 months ago
 - C. More than 24 months ago
 - D. Never
 - E. Not sure
89. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?
- A. During the past 12 months
 - B. Between 12 and 24 months ago
 - C. More than 24 months ago
 - D. Never
 - E. Not sure
90. Have you ever been tested for HIV, the virus that causes AIDS? (Do **not** count tests done if you donated blood.)
- A. Yes
 - B. No
 - C. Not sure
91. Has a doctor or nurse ever told you that you have asthma?
- A. Yes
 - B. No
 - C. Not sure
92. Do you still have asthma?
- A. I have never had asthma
 - B. Yes
 - C. No
 - D. Not sure

For the next 5 questions, indicate how much you agree or disagree.

93. Do you agree or disagree that you feel alone in your life?
- A. Strongly agree
 - B. Agree
 - C. Not sure
 - D. Disagree
 - E. Strongly disagree
94. Do you agree or disagree that you feel good about yourself?
- A. Strongly agree
 - B. Agree
 - C. Not sure
 - D. Disagree
 - E. Strongly disagree
95. Do you agree or disagree that your teachers really care about you and give you a lot of encouragement?
- A. Strongly agree
 - B. Agree
 - C. Not sure
 - D. Disagree
 - E. Strongly disagree
96. Do you agree or disagree that drugs are a problem at your school?
- A. Strongly agree
 - B. Agree
 - C. Not sure
 - D. Disagree
 - E. Strongly disagree
97. Do you agree or disagree that gangs are a problem at your school?
- A. Strongly agree
 - B. Agree
 - C. Not sure
 - D. Disagree
 - E. Strongly disagree

**This is the end of the survey.
Thank you very much for your help.**